

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Event 1 Women 200 Yard Medley Relay**

DFAL record: **1:43.94 ! 5/14/2010** Las Lomas High School Las Lomas-  
D Madsen, K Carlson, J Amog, K Leonard

**1:47.16 AAA**  
**1:49.04 AAC**  
**1:53.43 NCS**  
**2:03.99 CON**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Las Lomas Knights	A	1:49.81	1:45.73 qAAA
1) Madsen, Devin	2) Carlson, Taylor	3) Amog, Jaclyn	4) Leonard, Kelsey
2 Campolindo High School	A	1:51.00	1:51.96 qNCS
1) Sivesind, Padon	2) Jackson, Nikki	3) Fuller, Cassidy	4) Flower, Sam
3 Acalanes High School	A	1:57.64	1:52.89 qNCS
1) Vance, Nora	2) Lanier, Barbara	3) Hill, Kathryn	4) Stewart, Ellyn
4 Miramonte High School	A	1:52.12	1:52.98 qNCS
1) Byrne, Erin	2) Freeman, Megan	3) Larsen, Annie	4) Legallet, Elise
5 Las Lomas Knights	B	1:59.12	1:56.81 qCON
1) Heng, Brittany	2) Albaugh, Emily	3) Delaporta, Erin	4) Marinchak, Katherine
6 Dougherty Valley High School	A	1:53.62	2:00.93 qCON
1) Hori, Jessica	2) Diep, Monica	3) Zhong, Allison	4) Ionova, Kristina
7 Dublin High School	A	2:05.22	2:17.56 q
1) Brillante, Mary	2) Brown, Alex	3) O'Callaghan Jones, Paige	4) Somerville, Katie
--- Campolindo High School	B	1:54.00	X1:53.71 CON
1) Stevens, Allison	2) Muller, Erica	3) Nishimi, Andie	4) McPhee, Emily
--- Acalanes High School	B	2:03.24	X1:54.82 CON
1) Linderholm, Grace	2) Mullins, Addy	3) Giambastini, Emily	4) Myall, Madeline
--- Miramonte High School	B	1:55.85	X1:54.94 CON
1) Su, Valerie	2) Light, Allison	3) Larsen, Mollie	4) Chin, Robin
--- Campolindo High School	C	1:57.00	X1:57.12 CON
1) Caldwell, Sloan	2) Healy, Eva	3) Batcheller, Misa	4) Monroe, Marissa
--- Acalanes High School	C	2:08.85	X1:59.54 CON
1) Giambastini, Megan	2) Anderson, Samantha	3) Lanier, Chase	4) Newman, Lizzie
--- Miramonte High School	C	1:58.79	X2:01.93 CON
1) Briskey, Georgia	2) Thomas, Ariel	3) Noah, Kelly	4) Witherell, Grace
--- Las Lomas Knights	C	2:04.55	X2:09.10
1) King, Elaine	2) Baer, Shannon	3) Ridenhour, Maggie	4) Dickinson, Jordyn
--- Dublin High School	B	2:17.54	X2:20.32
1) Chiu, Stephanie	2) Kastelitz, Alicia	3) Fukamaki, Megan	4) Ugarte, Alex
--- Dougherty Valley High School	B	2:02.32	DQ
1) Factura, Brittany	2) Snyder, Gina	3) Zhang, Isabel	4) Hong, Linda

**Event 2 Men 200 Yard Medley Relay**

DFAL record: **1:34.14 ! 5/14/2010** Campolindo High School Campolindo-  
S Campbell, S Stumph, J Strausser, R Ashby

**1:35.57 AAA**  
**1:37.15 AAC**  
**1:41.79 NCS**  
**1:51.09 CON**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Miramonte High School	A	1:38.12	1:38.84 qNCS
1) Miao, Albert	2) Wisner, Charlie	3) Lammert, Jason	4) Ryner, Aleck

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Team	Relay	Seed Time	Prelim Time
2 Las Lomas Knights	A	1:42.02	1:39.83 qNCS
1) Sevilla, Ryan	2) Henri, Pearson	3) Snyder, Bryan	4) Sinkevich, Alexei
3 Acalanes High School	A	1:41.26	1:40.87 qNCS
1) Palley, David	2) Reid, Connor	3) Inserra, Luke	4) Welcomer, Jacob
4 Campolindo High School	A	1:39.00	1:41.29 qNCS
1) Ratchford, Jonathan	2) Bartis, Tyler	3) Sanders, Clay	4) Zolintakis, Nick
5 Dublin High School	A	1:46.56	1:49.26 qCON
1) Van Dorn, Jason	2) Standart, Kevin	3) Brillante, Jonathan	4) Gainer, Marcus
6 Dougherty Valley High School	A	1:48.46	1:49.59 qCON
1) Li, Clement	2) Ho, Hugo	3) Eustes, Dominic	4) Kwok, Evan
7 Alhambra High School	A	1:48.62	1:57.19 q
1) Diritto, Dominic	2) Lucido, Dominic	3) Farley, Vincent	4) Madsen, Nate
--- Miramonte High School	B	1:43.58	X1:41.93 CON
1) Fluegge, Robbie	2) Barker, Tyler	3) Kelley, Scott	4) Ginsburg, Mark
--- Acalanes High School	B	1:47.13	X1:43.66 CON
1) Mefford, Jake	2) Foster, Brendan	3) MacKinnon, Conor	4) Inserra, Miles
--- Campolindo High School	B	1:43.00	X1:43.97 CON
1) Patterson, Dominic	2) Jang, Colton	3) Tran, Zachary	4) Sivesind, Grant
--- Las Lomas Knights	C	1:53.44	X1:46.98 CON
1) Donovan, Thomas	2) Toriggino, Samuel	3) Choi, Kevin	4) Thompson, Connor
--- Dougherty Valley High School	B	1:55.78	X1:55.67
1) Hu, Carson	2) Chui, Alex	3) Lau, Jason	4) Nguyen, Minh
--- Dublin High School	B	1:52.79	X1:58.99
1) Dillon, Spencer	2) Mc Murdie, Cody	3) Standart, Brian	4) Muszar, Quinten
--- Las Lomas Knights	B	1:46.91	DQ
1) Maiuri, Steven	2) Diaz, Cesar	3) Burke, Matthew	4) Middleton, Garrett

**Event 3 Women 200 Yard Freestyle**DFAL record: **1:51.25 ! 2008****Shelley Harper****Las Lomas****1:50.15 AAA****1:52.99 AAC****1:56.05 NCS****2:03.99 CON**

Name	Age	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Leonard, Kelsey		Las Lomas Knights	1:54.14	1:54.26 qNCS
2 Whyte, Courtney		Campolindo High School	1:54.97	1:55.56 qNCS
3 Quinn, Molly		Acalanes High School	1:59.29	1:55.78 qNCS
4 Swinton, Samantha		Miramonte High School	2:01.21	1:55.89 qNCS
5 Bicomong, Meghan		Campolindo High School	1:55.24	1:55.97 qNCS
6 Haufler, Jenna		Miramonte High School	1:58.26	1:56.16 qCON
7 Caron, Shelly		Miramonte High School	2:00.89	1:56.36 qCON
8 Johnson, Danielle		Las Lomas Knights	1:55.43	1:56.74 qCON
9 Hoover, Ruthie		Campolindo High School	2:02.72	2:00.38 qCON
10 Attard, Margaux		Miramonte High School	2:05.27	2:00.43 qCON
11 Erickson, Eva		Campolindo High School	2:08.82	2:01.29 qCON
12 Bergh, Hannah		Dougherty Valley High School	2:03.22	2:01.72 qCON
13 Varellas, Clare		Acalanes High School	2:06.07	2:02.68 qCON
14 Tang, Natalie		Dougherty Valley High School	1:58.28	2:03.22 qCON
15 Ruegg, Kyra		Acalanes High School	2:12.28	2:07.02 q
16 Wolff, Cailin		Las Lomas Knights	2:09.17	2:08.56 q

## 2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011

## DFAL Varsity Championships

## Results - DFALTrials

## Preliminaries ... (Event 3 Women 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
17 Ramm, Katherine		Acalanes High School	2:06.32	2:08.91
18 Davenport, Morgan		Las Lomas Knights	2:08.03	2:10.22
19 Ward, Sarah		Las Lomas Knights	2:15.39	2:10.30
20 Mc Grath, Morgan		Dublin High School	2:15.22	2:15.68
21 Whitley, Tessa		Campolindo High School	2:24.93	2:21.73
22 Hong, Linda		Dougherty Valley High School	2:25.16	2:21.99
23 Chiarelli, Juliana		Alhambra High School	2:39.00	2:25.21
24 Brillante, Mary		Dublin High School	2:26.08	2:35.27
--- Healy, Eva		Campolindo High School	2:19.00	X2:08.73

## Event 4 Men 200 Yard Freestyle

DFAL record: **1:40.18** ! 5/14/2010 Jackson Miller Las Lomas-  
**1:39.92** AAA  
**1:41.41** AAC  
**1:45.31** NCS  
**1:50.99** CON

Name	Age	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Miller, Jackson		Las Lomas Knights	1:40.34	1:41.86 qNCS
2 Usinger, Brett		Acalanes High School	1:47.71	1:43.67 qNCS
3 Ashby, Robbie		Campolindo High School	1:42.55	1:44.29 qNCS
4 Weikert, Kyle		Miramonte High School	1:49.24	1:44.31 qNCS
5 Jensen, Tor		Campolindo High School	1:48.05	1:44.93 qNCS
6 Sanders, Clay		Campolindo High School	1:46.71	1:46.22 qCON
7 Connolly, Ryan		Acalanes High School	1:54.04	1:47.29 qCON
8 Kennedy, Devin		Campolindo High School	1:51.99	1:49.13 qCON
9 Schnugg, Andrew		Acalanes High School	1:52.68	1:49.92 qCON
10 Goltra, Kilian		Las Lomas Knights	1:57.77	1:49.99 qCON
11 Paxton, Zachary		Miramonte High School	1:56.47	1:50.39 qCON
12 Bush, Thomas		Acalanes High School	1:56.18	1:50.66 qCON
13 Middleton, Garrett		Las Lomas Knights	1:57.23	1:51.09 q
14 Ryner, Jack		Miramonte High School	1:56.21	1:51.36 q
15 Yee, Kevin		Miramonte High School	1:54.19	1:51.40 q
16 Zhao, Andrew		Dougherty Valley High School	1:52.88	1:54.91 q
17 Snyder, Bryan		Las Lomas Knights	1:54.49	1:55.19
18 Yan, Clayton		Dougherty Valley High School	1:57.33	1:58.00
19 Brillante, Jonathan		Dublin High School	NT	2:01.18
20 Wong, Brendan		Dougherty Valley High School	2:04.49	2:04.23
21 Merz, William		Dublin High School	2:06.98	2:04.61
22 Lucido, Dominic		Alhambra High School	2:07.28	2:05.35
23 Dillon, Spencer		Dublin High School	2:12.09	2:12.34
--- Seroy, Jacob		Acalanes High School	2:03.14	X1:56.72

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Event 5 Women 200 Yard IM**DFAL record: **2:02.77 ! 2005****Heather White****Miramonte****2:04.00 AAA****2:06.13 AAC****2:08.97 NCS****2:18.69 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1		Albaugh, Emily	Las Lomas Knights	2:17.18	2:10.14 qCON
2		Giambastini, Emily	Acalanes High School	2:16.21	2:10.17 qCON
3		Records, Katie	Acalanes High School	2:12.57	2:10.40 qCON
4		Howard, Megan	Miramonte High School	2:14.99	2:10.75 qCON
5		Amog, Jaclyn	Las Lomas Knights	2:10.27	2:10.92 qCON
6		Doan, Kristine	Dougherty Valley High School	2:13.06	2:11.44 qCON
7		Muller, Erica	Campolindo High School	2:16.06	2:11.48 qCON
8		Freeman, Megan	Miramonte High School	2:18.50	2:11.51 qCON
9		Larsen, Annie	Miramonte High School	2:13.89	2:11.75 qCON
10		Stevens, Allison	Campolindo High School	2:17.07	2:14.30 qCON
11		Light, Allison	Miramonte High School	2:24.32	2:17.53 qCON
12		Linderholm, Grace	Acalanes High School	2:19.49	2:18.11 qCON
13		Hill, Meghan	Acalanes High School	2:19.92	2:18.50 qCON
14		Marinchak, Katherine	Las Lomas Knights	2:20.94	2:18.51 qCON
15		Nishimi, Andie	Campolindo High School	2:19.18	2:18.92 q
16		Jackson, Nikki	Campolindo High School	2:27.72	2:23.43 q
17		Horrillo, Kristin	Dublin High School	2:29.57	2:26.41
18		Hernandez, Monica	Dublin High School	2:46.38	2:49.94
19		Chiu, Stephanie	Dublin High School	2:55.67	2:53.10
20		Fukamaki, Megan	Dublin High School	2:58.84	2:54.56
---		Su, Valerie	Miramonte High School	2:24.19	X2:21.61
---		Lanier, Barbara	Acalanes High School	2:24.73	X2:22.38
---		Briskey, Georgia	Miramonte High School	2:27.81	X2:25.40

**Event 6 Men 200 Yard IM**DFAL record: **1:52.96 ! 2004****Scott Lathrope****Campolindo****1:52.14 AAA****1:54.14 AAC****1:59.68 NCS****2:07.99 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1		Stumph, Steven	Campolindo High School	1:55.43	1:57.95 qNCS
2		Miao, Albert	Miramonte High School	2:00.99	1:58.69 qNCS
3		Wiser, Charlie	Miramonte High School	1:59.35	1:59.48 qNCS
4		Fluegge, Robbie	Miramonte High School	2:08.90	2:00.03 qCON
5		Palley, David	Acalanes High School	2:00.54	2:00.25 qCON
6		Patterson, Dominic	Campolindo High School	2:04.55	2:00.99 qCON
7		Lin, Lucas	Las Lomas Knights	2:06.50	2:01.79 qCON
8		Wanket, Tony	Alhambra High School	2:06.10	2:02.76 qCON
9		Hoyh, Cameron	Miramonte High School	2:10.16	2:02.93 qCON
10		Burke, Matthew	Las Lomas Knights	2:06.84	2:03.69 qCON
11		Henri, Pearson	Las Lomas Knights	2:08.95	2:06.53 qCON

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## Results - DFALTrials

## Preliminaries ... (Event 6 Men 200 Yard IM)

Name	Age	School	Seed Time	Prelim Time	
12 Mooney, Sean		Acalanes High School	2:04.57	2:06.76	qCON
13 Shieman, Alex		Campolindo High School	2:10.50	2:06.97	qCON
14 Retta, David		Alhambra High School	2:12.93	2:08.02	q
15 Thompson, Connor		Las Lomas Knights	2:12.12	2:08.41	q
16 Ho, Hugo		Dougherty Valley High School	2:11.93	2:10.84	q
17 Young, Ben		Dublin High School	2:12.91	2:13.91	
18 Van Dorn, Jason		Dublin High School	2:21.94	2:20.47	
19 Vuong, Sherman		Dublin High School	2:33.59	2:32.86	
--- Toriggino, Samuel		Las Lomas Knights	2:17.19	X2:10.70	
--- Haley, Jackson		Miramonte High School	2:19.36	X2:11.03	

## Event 7 Women 50 Yard Freestyle

DFAL record: 22.99 ! 5/14/2010 Kasey Carlson Las Lomas-  
 23.53 AAA  
 23.90 AAC  
 24.75 NCS  
 25.79 CON

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Robbins, Sierra		Miramonte High School	24.87	24.12	qNCS
2 Holt, Dana		Campolindo High School	24.07	24.21	qNCS
3 Leonard, Kelsey		Las Lomas Knights	24.96	24.46	qNCS
4 Schoenfeld, Erin		Miramonte High School	25.08	24.47	qNCS
5 Bergh, Marissa		Dougherty Valley High School	25.28	24.62	qNCS
6 Chan, Natalie		Acalanes High School	25.02	24.65	qNCS
7 White, Meredith		Miramonte High School	25.52	24.76	qCON
8 Galambos, Saleena		Las Lomas Knights	25.79	25.07	qCON
9 Flower, Sam		Campolindo High School	25.58	25.09	qCON
10 Varellas, Clare		Acalanes High School	26.65	25.36	qCON
11 Green, Addie		Las Lomas Knights	26.48	25.51	qCON
12 McPhee, Emily		Campolindo High School	25.74	25.67	qCON
13 Fellner, Reilly		Acalanes High School	26.28	25.75	qCON
14 Manuli, Alex		Alhambra High School	27.30	25.92	q
15 Legallet, Elise		Miramonte High School	26.89	25.95	q
16 Stewart, Ellyn		Acalanes High School	26.92	26.28	q
17 Wolff, Alison		Las Lomas Knights	27.28	26.33	
18 Monroe, Marissa		Campolindo High School	26.83	26.96	
19 Delaporta, Erin		Las Lomas Knights	28.08	27.15	
20 Abraham, Jayni		Alhambra High School	28.33	27.19	
21 Achziger, Brittney		Dublin High School	27.45	27.20	
22 Hori, Jessica		Dougherty Valley High School	27.74	27.58	
23 Figone, Kelsey		Acalanes High School	28.05	27.96	
24 Somerville, Katie		Dublin High School	28.82	28.14	
25 Snyder, Gina		Dougherty Valley High School	29.35	28.80	
26 Hernandez, Monica		Dublin High School	29.25	29.09	
27 Stephens, Meghan		Las Lomas Knights	29.59	29.13	
28 Ridenhour, Maggie		Las Lomas Knights	29.56	29.47	
29 Dickinson, Jordyn		Las Lomas Knights	30.17	29.87	
30 King, Elaine		Las Lomas Knights	31.62	30.52	

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## Results - DFALTrials

## Preliminaries ... (Event 7 Women 50 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
31 Kastelitz, Alicia		Dublin High School	31.48	31.72
32 Hargiss, Crystal		Dublin High School	34.44	36.70
--- Yau, Sharon		Acalanes High School	27.10	X26.53
--- Worthing, Courtney		Acalanes High School	27.50	X26.59
--- Myall, Madeline		Acalanes High School	26.99	X26.59
--- Newman, Lizzie		Acalanes High School	27.37	X26.77
--- Waal, Katie		Acalanes High School	27.89	X26.82
--- Noah, Kelly		Miramonte High School	27.48	X26.85

## Event 8 Men 50 Yard Freestyle

DFAL record: 20.99 ! 5/13/2010 Jeffrey Strausser

Campolindo-

20.91 AAA

21.21 AAC

22.18 NCS

22.89 CON

Name	Age	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Strausser, Jeffrey		Campolindo High School	21.29	20.89! qAAA
2 Gibson, Piankhi		Acalanes High School	21.24	20.92! qAAC
3 May, Tennyson		Miramonte High School	22.16	21.58 qNCS
4 Zolintakis, Nick		Campolindo High School	22.98	21.65 qNCS
5 Sivesind, Grant		Campolindo High School	22.54	21.78 qNCS
6 Newman, Zech		Acalanes High School	22.80	21.82 qNCS
7 Gordon, Steven		Alhambra High School	23.09	21.84 qNCS
8 Ryner, Aleck		Miramonte High School	22.56	22.11 qNCS
9 Lonzo, Charlie		Las Lomas Knights	23.03	22.21 qCON
10 Ostler, Gabe		Miramonte High School	22.87	22.33 qCON
11 Zamudio, Matthew		Dublin High School	22.38	22.37 qCON
12 Welcomer, Jacob		Acalanes High School	23.44	22.49 qCON
13 Cullen, Tanner		Acalanes High School	22.94	22.52 qCON
14 Sinkevich, Alexei		Las Lomas Knights	23.31	22.58 qCON
15 Sinkevich, Mikhail		Las Lomas Knights	22.56	22.62 qCON
16 Bartis, Tyler		Campolindo High School	23.68	22.89 qCON
17 Ginsburg, Mark		Miramonte High School	24.36	23.39
18 Sevilla, Ryan		Las Lomas Knights	23.19	J23.39
19 Tran, Zachary		Campolindo High School	23.63	23.58
20 Wong, Eugene		Campolindo High School	24.38	23.86
21 Donovan, Thomas		Las Lomas Knights	24.59	24.02
22 Jang, Colton		Campolindo High School	24.75	24.14
23 Choi, Kevin		Las Lomas Knights	24.32	24.18
24 Jackman, Clark		Dublin High School	24.61	24.20
25 Tashima, Ryan		Campolindo High School	25.00	24.70
26 Standart, Brian		Dublin High School	25.24	25.11
27 Dirito, Dominic		Alhambra High School	26.25	25.24
28 Rim, Patrick		Dougherty Valley High School	25.70	25.32
29 Nguyen, Minh		Dougherty Valley High School	25.62	25.49
30 Muszar, Quinten		Dublin High School	25.57	25.97
31 Li, Clement		Dougherty Valley High School	26.24	26.04
32 Chua, Stephen		Dougherty Valley High School	26.42	26.17
33 Yan, Brandon		Dougherty Valley High School	26.78	26.53

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**DFAL Varsity Championships**

**Results - DFALTrials**

**Preliminaries ... (Event 8 Men 50 Yard Freestyle)**

Name	Age	School	Seed Time	Prelim Time	
--- Dietrich, Joe		Acalanes High School	23.38	X22.84	CON
--- Foster, Brendan		Acalanes High School	23.91	X22.87	CON
--- Inserra, Nick		Acalanes High School	23.90	X22.91	
--- MacKinnon, Conor		Acalanes High School	23.36	X23.27	

**Event 11 Women 100 Yard Butterfly**

DFAL record: **56.02 ! 5/9/2009** Courtney Whyte Campolindo  
 55.48 AAA  
 56.72 AAC  
 58.65 NCS  
 1:03.49 CON

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Amog, Jaclyn		Las Lomas Knights	57.56	57.50	qNCS
2 Whyte, Courtney		Campolindo High School	57.54	57.88	qNCS
3 Fuller, Cassidy		Campolindo High School	58.78	58.05	qNCS
4 Swinton, Samantha		Miramonte High School	1:00.70	58.74	qCON
5 Larsen, Annie		Miramonte High School	59.98	59.29	qCON
6 Delaporta, Erin		Las Lomas Knights	1:02.26	1:00.22	qCON
7 Giambastini, Emily		Acalanes High School	1:02.16	1:00.31	qCON
8 Caldwell, Sloan		Campolindo High School	1:02.32	1:00.44	qCON
9 Nishimi, Andie		Campolindo High School	1:01.68	1:00.45	qCON
10 Larsen, Mollie		Miramonte High School	1:02.62	1:00.55	qCON
11 Capozzo, Monica		Alhambra High School	1:04.95	1:01.48	qCON
12 Lanier, Chase		Acalanes High School	1:04.53	1:02.96	qCON
13 Taylor, Jackie		Dougherty Valley High School	1:03.61	1:03.16	qCON
14 Hill, Kathryn		Acalanes High School	1:05.29	1:03.17	qCON
15 Heng, Brittany		Las Lomas Knights	1:04.72	1:04.11	q
16 Worthing, Courtney		Acalanes High School	1:05.08	1:05.20	q
17 Fatura, Brittany		Dougherty Valley High School	1:06.41	1:06.26	
18 Chin, Robin		Miramonte High School	1:09.49	1:08.41	
19 Zhong, Allison		Dougherty Valley High School	1:08.35	1:08.95	
20 Yau, Sharon		Acalanes High School	1:10.13	1:09.04	
21 Zhang, Isabel		Dougherty Valley High School	1:09.55	1:10.43	
22 O'Callaghan Jones, Paige		Dublin High School	1:17.27	1:17.53	
--- Batcheller, Misa		Campolindo High School	1:05.34	X1:04.89	
--- Mullins, Addy		Acalanes High School	1:06.02	X1:05.40	

**Event 12 Men 100 Yard Butterfly**

DFAL record: **49.99 ! 2005** Jesse Krompier Campolindo  
 49.93 AAA  
 50.89 AAC  
 54.14 NCS  
 56.49 CON

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gibson, Piankhi		Acalanes High School	50.11	49.60!	qAAA
2 Deaver, Nick		Miramonte High School	54.11	51.21	qNCS
3 Ratchford, Jonathan		Campolindo High School	55.62	53.93	qNCS
4 Connolly, Ryan		Acalanes High School	56.59	54.28	qCON

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 12 Men 100 Yard Butterfly)**

Name	Age	School	Seed Time	Prelim Time	
5 Lammert, Jason		Miramonte High School	56.07	54.29	qCON
6 Choi, Kevin		Las Lomas Knights	55.43	54.35	qCON
7 Hoyh, Cameron		Miramonte High School	56.70	54.64	qCON
8 Inserra, Luke		Acalanes High School	57.13	54.92	qCON
9 Green, Connor		Las Lomas Knights	59.41	55.10	qCON
10 Mefford, Jake		Acalanes High School	57.91	55.12	qCON
11 Burke, Matthew		Las Lomas Knights	57.36	55.13	qCON
12 Stewart, Rory		Las Lomas Knights	58.40	55.87	qCON
13 Tran, Zachary		Campolindo High School	58.74	56.40	qCON
14 Tanner, Ben		Campolindo High School	1:00.76	58.33	q
15 Eustes, Dominic		Dougherty Valley High School	1:00.63	58.52	q
16 Kelley, Scott		Miramonte High School	1:06.26	58.99	q
17 Young, Ben		Dublin High School	59.60	59.65	
18 Hu, Carson		Dougherty Valley High School	1:00.53	1:00.83	
19 Farley, Vincent		Alhambra High School	1:03.40	1:02.30	
20 Chui, Alex		Dougherty Valley High School	1:06.09	1:03.74	
21 West, Allen		Dublin High School	1:04.01	1:04.13	
22 Lau, Jason		Dougherty Valley High School	1:06.33	1:05.34	
23 Wyatt, Yale		Dublin High School	1:09.44	1:09.30	
--- MacKinnon, Conor		Acalanes High School	59.29	X55.75	CON
--- Inserra, Nick		Acalanes High School	58.98	X55.88	CON

**Event 13 Women 100 Yard Freestyle**

DFAL record: **49.53 ! 5/9/2009 Kasey Carlson Las Lomas**  
**50.98 AAA**  
**51.87 AAC**  
**53.27 NCS**  
**56.49 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Carlson, Taylor		Las Lomas Knights	52.85	52.40	qNCS
2 Madsen, Devin		Las Lomas Knights	54.16	52.63	qNCS
3 Holt, Dana		Campolindo High School	52.10	52.74	qNCS
4 Bicomong, Meghan		Campolindo High School	52.57	53.25	qNCS
5 Bergh, Marissa		Dougherty Valley High School	54.58	53.37	qCON
6 White, Meredith		Miramonte High School	55.52	53.47	qCON
7 Schoenfeld, Erin		Miramonte High School	55.02	54.46	qCON
8 Flower, Sam		Campolindo High School	55.56	54.47	qCON
9 Grubbs, Hannah		Campolindo High School	57.54	54.69	qCON
10 Chan, Natalie		Acalanes High School	55.17	55.31	qCON
11 Bergh, Hannah		Dougherty Valley High School	56.28	55.78	qCON
12 Vance, Nora		Acalanes High School	57.47	56.08	qCON
13 Galambos, Saleena		Las Lomas Knights	57.25	56.15	qCON
14 Fellner, Reilly		Acalanes High School	57.45	56.29	qCON
15 Hill, Meghan		Acalanes High School	57.94	56.62	q
16 Green, Addie		Las Lomas Knights	58.48	56.85	q
17 Ionova, Kristina		Dougherty Valley High School	57.67	56.87	
18 Manuli, Alex		Alhambra High School	1:00.05	57.05	
19 McPhee, Emily		Campolindo High School	57.66	57.38	

## 2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011

## DFAL Varsity Championships

## Results - DFALTrials

## Preliminaries ... (Event 13 Women 100 Yard Freestyle)

	Name	Age	School	Seed Time	Prelim Time	
20	Newman, Lizzie		Acalanes High School	59.94	57.39	
21	Waal, Katie		Acalanes High School	1:00.59	57.59	
22	Moran, Grace		Miramonte High School	58.09	57.89	
23	Monroe, Marissa		Campolindo High School	59.52	58.09	
24	Myall, Madeline		Acalanes High School	1:01.42	58.12	
25	Wolff, Alison		Las Lomas Knights	1:01.05	58.24	
26	Dietrich, Megan		Acalanes High School	1:00.26	58.55	
27	Crane, Kelley		Las Lomas Knights	59.93	58.85	
28	Fisher, Crystal		Dublin High School	59.04	58.96	
*29	Baer, Shannon		Las Lomas Knights	1:01.96	59.19	
*29	Noah, Kelly		Miramonte High School	1:01.28	59.19	
31	Chin, Robin		Miramonte High School	1:01.02	59.28	
32	Achziger, Brittney		Dublin High School	1:02.37	1:00.07	
33	Anderson, Samantha		Acalanes High School	1:05.33	1:00.79	
34	Somerville, Katie		Dublin High School	1:05.33	1:02.15	
35	Witherell, Grace		Miramonte High School	1:06.61	1:02.58	
36	Brown, Alex		Dublin High School	1:06.53	1:02.69	
37	Hong, Linda		Dougherty Valley High School	1:04.76	1:03.46	
38	Amanat, Vida		Campolindo High School	1:06.60	1:07.02	
39	O'Callaghan Jones, Paige		Dublin High School	1:08.85	1:07.32	
40	Kastelitz, Alicia		Dublin High School	1:13.25	1:11.19	
---	Sivesind, Padon		Campolindo High School	55.00	X54.85	CON
---	Johansson, Kirsten		Dublin High School	1:05.74	DQ	

## Event 14 Men 100 Yard Freestyle

DFAL record: 46.01 ! 2008

Matt Dentone

College Park

45.68 AAA

46.34 AAC

48.58 NCS

50.29 CON

	Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Campbell, Sven		Campolindo High School	46.15	46.49	qNCS
2	Strausser, Jeffrey		Campolindo High School	46.74	46.69	qNCS
3	Jensen, Tor		Campolindo High School	48.90	47.73	qNCS
4	Zolintakis, Nick		Campolindo High School	52.27	47.78	qNCS
5	May, Tennyson		Miramonte High School	49.48	47.89	qNCS
6	Newman, Zech		Acalanes High School	50.28	48.32	qNCS
7	Lonzo, Charlie		Las Lomas Knights	48.84	48.45	qNCS
8	Cullen, Tanner		Acalanes High School	50.26	48.60	qCON
9	Ostler, Gabe		Miramonte High School	50.95	49.02	qCON
10	Gordon, Steven		Alhambra High School	52.38	49.61	qCON
11	Sinkevich, Mikhail		Las Lomas Knights	50.75	49.79	qCON
12	Barker, Tyler		Miramonte High School	51.76	50.24	qCON
13	Welcomer, Jacob		Acalanes High School	53.06	50.27	qCON
14	Bull, Chris		Alhambra High School	51.47	50.34	q
15	Snyder, Bryan		Las Lomas Knights	51.02	50.53	q
16	Dietrich, Joe		Acalanes High School	53.78	50.80	q
17	Ryner, Jack		Miramonte High School	53.06	J50.80	
18	Worthing, Michael		Acalanes High School	52.40	50.96	

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 14 Men 100 Yard Freestyle)**

Name	Age	School	Seed Time	Prelim Time	
19 Sinkevich, Alexei		Las Lomas Knights	52.52	51.13	
20 Inserra, Luke		Acalanes High School	52.80	51.83	
21 Ginsburg, Mark		Miramonte High School	54.03	51.95	
22 Reid, Connor		Acalanes High School	54.93	52.47	
23 Madsen, Nate		Alhambra High School	53.69	52.84	
24 Jackman, Clark		Dublin High School	53.25	53.14	
25 Maiuri, Steven		Las Lomas Knights	53.71	53.17	
26 Foster, Brendan		Acalanes High School	57.63	53.28	
27 Wong, Eugene		Campolindo High School	55.75	53.84	
28 Tanner, Ben		Campolindo High School	54.62	53.92	
29 Kwok, Evan		Dougherty Valley High School	54.33	54.13	
30 Inserra, Miles		Acalanes High School	57.90	54.83	
31 Rim, Patrick		Dougherty Valley High School	55.58	55.72	
32 West, Allen		Dublin High School	56.22	56.30	
33 Nguyen, Minh		Dougherty Valley High School	56.88	56.70	
34 Muszar, Quinten		Dublin High School	54.59	56.85	
35 Gainer, Marcus		Dublin High School	54.99	57.46	
36 Diritto, Dominic		Alhambra High School	1:03.11	57.59	
37 Gregory, Winston		Dublin High School	1:02.88	58.58	
38 Standart, Kevin		Dublin High School	1:00.92	59.00	
39 Lau, Jason		Dougherty Valley High School	1:02.46	59.44	
40 Wyatt, Yale		Dublin High School	1:01.35	1:03.05	
--- Sivesind, Grant		Campolindo High School	50.92	X48.97	CON
--- Kennedy, Devin		Campolindo High School	49.83	X49.25	CON
--- Mc Murdie, Cody		Dublin High School	56.75	DQ	
--- Zamudio, Matthew		Dublin High School	50.36	DQ	

**Event 15 Women 500 Yard Freestyle****DFAL record: 4:57.11 ! 2008****Shelley Harper****Las Lomas****4:54.30 AAA****4:59.48 AAC****5:12.15 NCS****5:32.09 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Fuller, Cassidy		Campolindo High School	5:15.64	5:08.28	qNCS
2 Muller, Erica		Campolindo High School	5:19.22	5:11.53	qNCS
3 Howard, Megan		Miramonte High School	5:21.80	5:11.87	qNCS
4 Johnson, Danielle		Las Lomas Knights	5:16.84	5:14.70	qCON
5 Quinn, Molly		Acalanes High School	5:28.44	5:16.03	qCON
6 Kay, Kortney		Dougherty Valley High School	5:15.59	5:16.65	qCON
7 Tang, Natalie		Dougherty Valley High School	5:21.48	5:21.41	qCON
8 Attard, Margaux		Miramonte High School	5:34.54	5:21.98	qCON
9 Byrne, Erin		Miramonte High School	5:34.47	5:25.61	qCON
10 Larsen, Mollie		Miramonte High School	5:34.06	5:30.72	qCON
11 Giambastini, Megan		Acalanes High School	5:35.60	5:32.32	q
12 Hoover, Ruthie		Campolindo High School	5:31.05	5:34.10	q
13 Ruegg, Kyra		Acalanes High School	5:58.42	5:40.78	q
14 Mes, Megan		Acalanes High School	5:58.18	5:43.11	q
15 Diep, Monica		Dougherty Valley High School	5:54.47	5:43.75	q

## 2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011

## DFAL Varsity Championships

## Results - DFALTrials

## Preliminaries ... (Event 15 Women 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
16 Wolff, Cailin		Las Lomas Knights	5:41.62	5:45.04	q
17 Davenport, Morgan		Las Lomas Knights	5:54.51	5:51.24	
18 Ward, Sarah		Las Lomas Knights	6:02.52	5:56.09	
19 Figone, Kelsey		Acalanes High School	6:06.28	5:56.81	
20 Mc Grath, Morgan		Dublin High School	5:56.92	5:59.78	
21 Brillante, Mary		Dublin High School	6:35.12	6:35.57	
--- Thomas, Ariel		Miramonte High School	5:37.44	X5:35.33	
--- Ramm, Katherine		Acalanes High School	5:43.31	X5:53.08	
--- Johansson, Kirsten		Dublin High School	6:34.93		DQ

## Event 16 Men 500 Yard Freestyle

DFAL record: 4:33.78 ! 5/14/2010 Greg Harper Las Lomas-  
 4:31.51 AAA  
 4:36.36 AAC  
 4:50.01 NCS  
 5:08.99 CON

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Miller, Jackson		Las Lomas Knights	4:45.56	4:40.70	qNCS
2 Weikert, Kyle		Miramonte High School	4:56.91	4:44.22	qNCS
3 Ashby, Robbie		Campolindo High School	4:36.23	4:45.55	qNCS
4 Sanders, Clay		Campolindo High School	4:47.39	4:48.31	qNCS
5 Goltra, Kilian		Las Lomas Knights	5:10.11	4:56.37	qCON
6 Bush, Thomas		Acalanes High School	5:15.92	5:02.41	qCON
7 Yee, Kevin		Miramonte High School	5:10.57	5:05.68	qCON
8 Seroy, Jacob		Acalanes High School	5:18.26	5:15.25	q
9 Yan, Clayton		Dougherty Valley High School	5:18.66	5:15.72	q
10 Zhao, Andrew		Dougherty Valley High School	5:17.33	5:17.66	q
11 Diaz, Cesar		Las Lomas Knights	5:09.66	5:28.00	q
12 Wong, Brendan		Dougherty Valley High School	5:36.35	5:33.32	q
13 Brillante, Jonathan		Dublin High School	5:43.14	5:38.64	q
14 Dillon, Spencer		Dublin High School	5:53.76	5:46.57	q
15 Merz, William		Dublin High School	5:53.02	5:48.19	q

## Event 17 Women 200 Yard Freestyle Relay

DFAL record: 1:35.34 ! 5/14/2010 Las Lomas High School Las Lomas-  
 K Leonard, T Carlson, J Amog, K Carlson  
 1:37.14 AAA  
 1:38.69 AAC  
 1:42.86 NCS  
 1:51.09 CON

Team	Relay	Seed Time	Prelim Time	
<b>Preliminaries</b>				
1 Las Lomas Knights	A	1:40.13	1:42.09	qNCS
1) Amog, Jaclyn	2) Galambos, Saleena	3) Green, Addie	4) Heng, Brittany	
2 Miramonte High School	A	1:40.67	1:44.28	qCON
1) Howard, Megan	2) Attard, Margaux	3) Chin, Robin	4) White, Meredith	
3 Campolindo High School	A	1:39.68	1:44.68	qCON
1) Hoover, Ruthie	2) McPhee, Emily	3) Monroe, Marissa	4) Flower, Sam	

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 17 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
4 Acalanes High School	A	1:46.22	1:45.38 qCON
1) Hill, Meghan	2) Worthing, Courtney	3) Newman, Lizzie	4) Myall, Madeline
5 Dougherty Valley High School	A	1:43.56	1:46.35 qCON
1) Bergh, Hannah	2) Doan, Kristine	3) Taylor, Jackie	4) Ionova, Kristina
6 Dublin High School	A	1:50.95	1:49.51 qCON
1) Mc Grath, Morgan	2) Achziger, Brittney	3) Horrillo, Kristin	4) Fisher, Crystal
7 Alhambra High School	A	1:52.00	1:49.64 qCON
1) Capozzo, Monica	2) Chiarelli, Juliana	3) Abraham, Jayni	4) Manuli, Alex
--- Miramonte High School	B	1:46.57	X1:46.00 CON
1) Freeman, Megan	2) Noah, Kelly	3) Larsen, Mollie	4) Thomas, Ariel
--- Las Lomas Knights	B	1:48.28	X1:46.41 CON
1) Albaugh, Emily	2) Baer, Shannon	3) Delaporta, Erin	4) Johnson, Danielle
--- Acalanes High School	B	1:52.67	X1:46.96 CON
1) Mullins, Addy	2) Lanier, Chase	3) Waal, Katie	4) Yau, Sharon
--- Las Lomas Knights	C	1:53.22	X1:50.69 CON
1) Crane, Kelley	2) Stephens, Meghan	3) Davenport, Morgan	4) Wolff, Alison
--- Dougherty Valley High School	B	1:49.32	X1:52.11
1) Zhong, Allison	2) Hori, Jessica	3) Snyder, Gina	4) Diep, Monica
--- Campolindo High School	B	1:44.00	X1:53.09
1) Healy, Eva	2) Whyte, Courtney	3) Whitley, Tessa	4) Amanat, Vida
--- Dublin High School	B	2:01.20	X2:02.91
1) Johansson, Kirsten	2) O'Callaghan Jones, Paige	3) Fukamaki, Megan	4) Brillante, Mary

**Event 18 Men 200 Yard Freestyle Relay**

DFAL record: **1:25.69 ! 5/14/2010** **Campolindo High School** **Campolindo-**  
**J Strausser, N Zolintakis, B Sanders, S Kingery**

**1:25.85 AAA**

**1:27.21 AAC**

**1:31.08 NCS**

**1:38.09 CON**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Las Lomas Knights	A	1:30.53	1:29.34 qNCS
1) Lin, Lucas	2) Sinkevich, Mikhail	3) Lonzo, Charlie	4) Miller, Jackson
2 Campolindo High School	A	1:28.00	1:31.36 qCON
1) Kennedy, Devin	2) Jensen, Tor	3) Sivesind, Grant	4) Zolintakis, Nick
3 Acalanes High School	A	1:31.85	1:33.21 qCON
1) Connolly, Ryan	2) Inserra, Luke	3) Inserra, Nick	4) MacKinnon, Conor
4 Dublin High School	A	1:36.07	1:35.31 qCON
1) Jackman, Clark	2) Van Dorn, Jason	3) Young, Ben	4) Zamudio, Matthew
5 Miramonte High School	B	1:33.59	1:37.29 qCON
1) Ryner, Jack	2) Hoyh, Cameron	3) Ginsburg, Mark	4) Kelley, Scott
6 Dougherty Valley High School	A	1:37.76	1:39.18 q
1) Kwok, Evan	2) Eustes, Dominic	3) Yan, Clayton	4) Zhao, Andrew
7 Alhambra High School	A	1:34.30	1:41.02 q
1) Diritto, Dominic	2) Retta, David	3) Lucido, Dominic	4) Gordon, Steven
--- Las Lomas Knights	B	1:36.25	X1:30.99 NCS
1) Middleton, Garrett	2) Sinkevich, Alexei	3) Stewart, Rory	4) Snyder, Bryan
--- Campolindo High School	B	1:32.00	X1:32.24 CON
1) Ashby, Robbie	2) Bartis, Tyler	3) Tanner, Ben	4) Wong, Eugene
--- Acalanes High School	B	1:37.19	X1:35.18 CON
1) Mooney, Sean	2) Reid, Connor	3) Foster, Brendan	4) Welcomer, Jacob

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 18 Men 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
--- Las Lomas Knights	C	1:39.20	X1:35.95 CON
1) Burke, Matthew	2) Green, Connor	3) Donovan, Thomas	4) Choi, Kevin
--- Miramonte High School	A	1:30.65	X1:38.68
1) Weikert, Kyle	2) Yee, Kevin	3) Ryner, Aleck	4) Paxton, Zachary
--- Dublin High School	B	1:43.32	X1:42.15
1) Merz, William	2) West, Allen	3) Standart, Brian	4) Gainer, Marcus
--- Dougherty Valley High School	B	1:45.94	X1:42.65
1) Nguyen, Minh	2) Chua, Stephen	3) Li, Clement	4) Rim, Patrick
--- Dougherty Valley High School	C	1:48.32	X1:43.85
1) Yan, Brandon	2) Wong, Brendan	3) Chui, Alex	4) Hu, Carson

**Event 19 Women 100 Yard Backstroke**

**DFAL record: 57.03 ! 2005 Heather White**  
**56.10 AAA**  
**57.41 AAC**  
**59.83 NCS**  
**1:04.89 CON**

**Miramonte**

Name	Age	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Grubbs, Hannah		Campolindo High School	58.01	56.98! qAAC
2 Madsen, Devin		Las Lomas Knights	59.04	57.86 qNCS
3 Robbins, Sierra		Miramonte High School	1:02.10	59.21 qNCS
4 Stevens, Allison		Campolindo High School	1:00.08	59.41 qNCS
5 Sivesind, Padon		Campolindo High School	1:01.04	59.46 qNCS
6 Haufler, Jenna		Miramonte High School	1:01.86	59.47 qNCS
7 Vance, Nora		Acalanes High School	1:02.31	1:00.53 qCON
8 Caldwell, Sloan		Campolindo High School	1:02.79	1:01.26 qCON
9 Linderholm, Grace		Acalanes High School	1:03.98	1:01.81 qCON
10 Byrne, Erin		Miramonte High School	1:04.56	1:02.88 qCON
11 Capozzo, Monica		Alhambra High School	1:07.22	1:02.89 qCON
12 Moran, Grace		Miramonte High School	1:03.61	1:03.06 qCON
13 Giambastini, Megan		Acalanes High School	1:05.53	1:03.96 qCON
14 Stewart, Ellyn		Acalanes High School	1:06.87	1:04.34 qCON
15 Heng, Brittany		Las Lomas Knights	1:07.11	1:05.32 q
16 Ionova, Kristina		Dougherty Valley High School	1:07.99	1:05.82 q
17 Abraham, Jayni		Alhambra High School	1:06.95	1:06.22
18 Hori, Jessica		Dougherty Valley High School	1:07.44	1:06.60
19 Dietrich, Megan		Acalanes High School	1:08.57	1:06.81
20 Briskey, Georgia		Miramonte High School	1:10.06	1:07.46
21 Batcheller, Misa		Campolindo High School	1:09.66	1:08.86
22 Factura, Brittany		Dougherty Valley High School	1:10.83	1:08.98
23 Horrillo, Kristin		Dublin High School	1:10.73	1:09.07
24 Mes, Megan		Acalanes High School	1:12.38	1:10.19
25 King, Elaine		Las Lomas Knights	1:13.41	1:12.00
26 Zhang, Isabel		Dougherty Valley High School	1:13.24	1:12.59
27 Chiu, Stephanie		Dublin High School	1:17.57	1:15.21
28 Chiarelli, Juliana		Alhambra High School	1:21.24	1:15.66
29 Ridenhour, Maggie		Las Lomas Knights	1:14.47	1:18.21
30 Fukamaki, Megan		Dublin High School	1:23.11	1:22.52
--- Erickson, Eva		Campolindo High School	1:05.40	X1:01.44 CON

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011**

**DFAL Varsity Championships**

**Results - DFALTrials**

**Preliminaries ... (Event 19 Women 100 Yard Backstroke)**

Name	Age	School	Seed Time	Prelim Time	
---		Su, Valerie	Miramonte High School	1:06.63	X1:04.70 CON

**Event 20 Men 100 Yard Backstroke**

DFAL record: **51.60 ! 5/14/2010** **Sven Campbell** **Campolindo-**  
**50.74 AAA**  
**51.89 AAC**  
**54.15 NCS**  
**58.29 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1		Campbell, Sven	Campolindo High School	50.78	51.36! qAAC
2		Ratchford, Jonathan	Campolindo High School	54.51	52.87 qNCS
3		Miao, Albert	Miramonte High School	54.27	53.51 qNCS
4		Palley, David	Acalanes High School	53.89	54.29 qCON
5		Deaver, Nick	Miramonte High School	54.50	54.44 qCON
6		Fluegge, Robbie	Miramonte High School	56.89	54.64 qCON
7		Mefford, Jake	Acalanes High School	56.97	55.04 qCON
8		Sevilla, Ryan	Las Lomas Knights	56.79	55.36 qCON
9		Schnugg, Andrew	Acalanes High School	59.16	55.71 qCON
10		Stewart, Rory	Las Lomas Knights	58.08	55.84 qCON
11		Patterson, Dominic	Campolindo High School	57.86	56.40 qCON
12		Shieman, Alex	Campolindo High School	57.52	56.46 qCON
13		Wanket, Tony	Alhambra High School	58.66	57.12 qCON
14		Bull, Chris	Alhambra High School	58.54	57.28 qCON
15		Middleton, Garrett	Las Lomas Knights	59.62	58.13 qCON
16		Thompson, Connor	Las Lomas Knights	1:01.83	58.23 qCON
17		Worthing, Michael	Acalanes High School	1:00.16	58.33
18		Inserra, Miles	Acalanes High School	1:03.56	1:00.61
19		Haley, Jackson	Miramonte High School	1:01.81	1:01.00
20		Van Dorn, Jason	Dublin High School	1:03.23	1:02.18
21		Hu, Carson	Dougherty Valley High School	1:03.62	1:03.67
22		Li, Clement	Dougherty Valley High School	1:05.55	1:05.34
23		Farley, Vincent	Alhambra High School	1:06.55	1:06.32
---		Donovan, Thomas	Las Lomas Knights	1:02.68	X59.82
---		Maiuri, Steven	Las Lomas Knights	1:02.02	X1:00.24

**Event 21 Women 100 Yard Breaststroke**

DFAL record: **58.89 ! 5/9/2009** **Kasey Carlson** **Las Lomas**  
**1:04.03 AAA**  
**1:05.34 AAC**  
**1:06.89 NCS**  
**1:11.79 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1		Carlson, Taylor	Las Lomas Knights	1:06.28	1:05.15 qAAC
2		Caron, Shelly	Miramonte High School	1:07.88	1:05.94 qNCS
3		Records, Katie	Acalanes High School	1:08.08	1:06.30 qNCS
4		Freeman, Megan	Miramonte High School	1:08.56	1:06.51 qNCS
5		Light, Allison	Miramonte High School	1:10.51	1:06.63 qNCS
6		Doan, Kristine	Dougherty Valley High School	1:07.09	1:06.97 qCON

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 21 Women 100 Yard Breaststroke)**

Name	Age	School	Seed Time	Prelim Time	
7 Albaugh, Emily		Las Lomas Knights	1:12.08	1:09.63	qCON
8 Kay, Kortney		Dougherty Valley High School	1:09.95	1:11.44	qCON
9 Lanier, Barbara		Acalanes High School	1:14.24	1:11.79	qCON
10 Mullins, Addy		Acalanes High School	1:15.82	1:12.58	q
11 Jackson, Nikki		Campolindo High School	1:13.25	1:12.60	q
12 Legallet, Elise		Miramonte High School	1:16.14	1:12.66	q
13 Healy, Eva		Campolindo High School	1:14.12	1:12.73	q
14 Diep, Monica		Dougherty Valley High School	1:13.80	1:13.35	q
15 Fisher, Crystal		Dublin High School	1:13.44	1:13.38	q
16 Marinchak, Katherine		Las Lomas Knights	1:14.43	1:13.53	q
17 Brown, Alex		Dublin High School	1:17.57	1:13.64	
18 Karstetter, Danielle		Campolindo High School	1:16.66	1:14.52	
19 Anderson, Samantha		Acalanes High School	1:17.08	1:15.48	
20 Baer, Shannon		Las Lomas Knights	1:15.70	1:15.58	
21 Crane, Kelley		Las Lomas Knights	1:17.16	1:16.20	
22 Snyder, Gina		Dougherty Valley High School	1:17.39	1:16.63	
23 Witherell, Grace		Miramonte High School	1:20.85	1:17.42	
*24 Dickinson, Jordyn		Las Lomas Knights	1:19.71	1:20.84	
*24 Whitley, Tessa		Campolindo High School	1:18.51	1:20.84	
26 Stephens, Meghan		Las Lomas Knights	1:21.77	1:21.61	
--- Thomas, Ariel		Miramonte High School	1:15.31	X1:13.73	
--- Zhong, Allison		Dougherty Valley High School	1:21.78		DQ

**Event 22 Men 100 Yard Breaststroke**

DFAL record: **56.64 ! 5/14/2010 Charlie Wisner Miramonte-**  
**57.45 AAA**  
**58.57 AAC**  
**1:01.27 NCS**  
**1:04.49 CON**

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Usinger, Brett		Acalanes High School	1:01.95	58.41	qAAC
2 Wisner, Charlie		Miramonte High School	57.89	59.51	qNCS
3 Ryner, Aleck		Miramonte High School	1:03.24	59.80	qNCS
4 Henri, Pearson		Las Lomas Knights	1:02.70	1:00.17	qNCS
5 Barker, Tyler		Miramonte High School	1:05.28	1:00.84	qNCS
6 Stumph, Steven		Campolindo High School	58.18	1:01.97	qCON
7 Ho, Hugo		Dougherty Valley High School	1:04.72	1:03.43	qCON
8 Paxton, Zachary		Miramonte High School	1:07.00	1:03.44	qCON
9 Lin, Lucas		Las Lomas Knights	1:05.63	1:03.94	qCON
10 Bartis, Tyler		Campolindo High School	1:06.20	1:04.40	qCON
11 Reid, Connor		Acalanes High School	1:07.28	1:05.07	q
12 Toriggino, Samuel		Las Lomas Knights	1:08.92	1:05.10	q
13 Madsen, Nate		Alhambra High School	1:09.32	1:05.72	q
14 Diaz, Cesar		Las Lomas Knights	1:06.17	1:06.43	q
15 Chui, Alex		Dougherty Valley High School	1:07.92	1:06.76	q
16 Retta, David		Alhambra High School	1:08.81	1:06.87	q
17 Jang, Colton		Campolindo High School	1:08.90	1:07.59	
18 Mooney, Sean		Acalanes High School	1:06.59	1:07.83	

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Preliminaries ... (Event 22 Men 100 Yard Breaststroke)**

Name	Age	School	Seed Time	Prelim Time
19 Standart, Kevin		Dublin High School	1:07.61	1:08.07
20 Gregory, Winston		Dublin High School	1:12.92	1:10.45
21 Lucido, Dominic		Alhambra High School	1:15.80	1:11.61
22 Gainer, Marcus		Dublin High School	1:09.69	1:11.83
23 Yan, Brandon		Dougherty Valley High School	1:14.25	1:12.09
24 Chua, Stephen		Dougherty Valley High School	1:09.64	1:15.27
25 Vuong, Sherman		Dublin High School	1:17.37	1:16.30
--- Kelley, Scott		Miramonte High School	1:10.23	X1:06.24
--- Lammert, Jason		Miramonte High School	1:10.06	X1:06.28
--- Green, Connor		Las Lomas Knights	1:11.47	X1:06.98
--- Mc Murdie, Cody		Dublin High School	1:10.38	DFS

**Event 23 Women 400 Yard Freestyle Relay**

**DFAL record: 3:29.44 ! 2008 Las Lomas Las Lomas**  
**3:31.01 AAA**  
**3:34.45 AAC**  
**3:42.54 NCS**  
**4:07.99 CON**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Las Lomas Knights	A	3:35.71	3:38.11 qNCS
1) Leonard, Kelsey	2) Carlson, Taylor	3) Johnson, Danielle	4) Madsen, Devin
2 Campolindo High School	A	3:35.00	3:42.64 qCON
1) Muller, Erica	2) Fuller, Cassidy	3) Hoover, Ruthie	4) Grubbs, Hannah
3 Miramonte High School	B	3:49.99	3:43.83 qCON
1) Hauffer, Jenna	2) Larsen, Annie	3) Swinton, Samantha	4) Su, Valerie
4 Acalanes High School	A	3:53.18	3:48.55 qCON
1) Giambastini, Emily	2) Worthing, Courtney	3) Giambastini, Megan	4) Linderholm, Grace
5 Dublin High School	A	4:06.41	4:03.92 qCON
1) Mc Grath, Morgan	2) Achziger, Brittney	3) Horrillo, Kristin	4) Fisher, Crystal
6 Alhambra High School	A	4:14.61	4:07.53 qCON
1) Capozzo, Monica	2) Abraham, Jayni	3) Manuli, Alex	4) Chiarelli, Juliana
7 Dougherty Valley High School	B	4:08.64	4:08.72 q
1) Fatura, Brittany	2) Hong, Linda	3) Zhang, Isabel	4) Taylor, Jackie
--- Campolindo High School	B	3:45.00	X3:46.75 CON
1) Stevens, Allison	2) Nishimi, Andie	3) Caldwell, Sloan	4) Holt, Dana
--- Miramonte High School	A	3:41.43	X3:48.06 CON
1) Caron, Shelly	2) Attard, Margaux	3) Briskey, Georgia	4) Byrne, Erin
--- Las Lomas Knights	B	4:04.98	X3:56.41 CON
1) Galambos, Saleena	2) Marinchak, Katherine	3) Davenport, Morgan	4) Green, Addie
--- Acalanes High School	B	4:03.61	X3:56.95 CON
1) Varellas, Clare	2) Anderson, Samantha	3) Fellner, Reilly	4) Dietrich, Megan
--- Miramonte High School	C	3:54.88	X4:03.74 CON
1) Howard, Megan	2) Legallet, Elise	3) Light, Allison	4) Witherell, Grace
--- Acalanes High School	C	4:06.22	X4:03.94 CON
1) Hill, Kathryn	2) Ruegg, Kyra	3) Mes, Megan	4) Figone, Kelsey
--- Las Lomas Knights	C	4:14.76	X4:04.42 CON
1) Ward, Sarah	2) Wolff, Cailin	3) Crane, Kelley	4) Wolff, Alison
--- Dublin High School	B	4:23.56	X4:29.65
1) Chiu, Stephanie	2) Johansson, Kirsten	3) Brown, Alex	4) Somerville, Katie
--- Dougherty Valley High School	A	3:39.46	DQ
1) Bergh, Marissa	2) Tang, Natalie	3) Bergh, Hannah	4) Kay, Kortney

**2011 DFAL Varsity Championships - 5/12/2011 to 5/14/2011****DFAL Varsity Championships****Results - DFALTrials****Event 24 Men 400 Yard Freestyle Relay**

DFAL record: 3:08.40 ! 5/14/2010 Campolindo High School Campolindo-  
S Campbell, N Zolintakis, S Kingery, R Ashby

3:08.46 AAA

3:11.47 AAC

3:22.70 NCS

3:42.99 CON

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Las Lomas Knights	A	3:19.72	3:19.87 qNCS
1) Lin, Lucas	2) Lonzo, Charlie	3) Sinkevich, Mikhail	4) Miller, Jackson
2 Alhambra High School	A	3:28.55	3:24.93 qCON
1) Bull, Chris	2) Retta, David	3) Wanket, Tony	4) Gordon, Steven
3 Campolindo High School	A	3:10.00	3:25.68 qCON
1) Sanders, Clay	2) Jensen, Tor	3) Patterson, Dominic	4) Kennedy, Devin
4 Acalanes High School	A	3:26.74	3:27.21 qCON
1) Connolly, Ryan	2) Palley, David	3) Worthing, Michael	4) Bush, Thomas
5 Dublin High School	A	3:29.77	3:31.57 qCON
1) Zamudio, Matthew	2) Brillante, Jonathan	3) Jackman, Clark	4) Young, Ben
6 Miramonte High School	A	3:22.14	3:36.88 qCON
1) Weikert, Kyle	2) Lammert, Jason	3) Miao, Albert	4) Wisner, Charlie
7 Dougherty Valley High School	A	3:31.10	3:46.95 q
1) Ho, Hugo	2) Yan, Clayton	3) Kwok, Evan	4) Zhao, Andrew
--- Las Lomas Knights	B	3:36.25	X3:26.35 CON
1) Sevilla, Ryan	2) Stewart, Rory	3) Thompson, Connor	4) Henri, Pearson
--- Campolindo High School	B	3:22.00	X3:31.21 CON
1) Ratchford, Jonathan	2) Jang, Colton	3) Shieman, Alex	4) Tanner, Ben
--- Acalanes High School	B	3:37.18	X3:31.68 CON
1) Mooney, Sean	2) Mefford, Jake	3) Schnugg, Andrew	4) Seroy, Jacob
--- Miramonte High School	B	3:30.50	X3:50.61
1) Fluegge, Robbie	2) Yee, Kevin	3) Haley, Jackson	4) Ryner, Jack
--- Dublin High School	B	3:52.72	X3:59.85
1) Merz, William	2) Vuong, Sherman	3) Muszar, Quinten	4) West, Allen
--- Dougherty Valley High School	B	3:47.20	X4:12.70
1) Rim, Patrick	2) Chua, Stephen	3) Wong, Brendan	4) Yan, Brandon
--- Dublin High School	C	3:58.64	X4:12.86
1) Standart, Kevin	2) Wyatt, Yale	3) Gregory, Winston	4) Dillon, Spencer
--- Las Lomas Knights	C	3:46.21	DQ
1) Diaz, Cesar	2) Goltra, Kilian	3) Green, Connor	4) Maiuri, Steven