

**2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010****DFAL Varsity Championships****Results - DFAL Finals****Event 1 Women 200 Yard Medley Relay**

**DFAL record: 1:43.94 ! 5/14/2010 Las Lomas High School Las Lomas-  
D Madsen, K Carlson, J Amog, K Leonard**

**1:49.01 AAA  
1:50.85 AAC  
1:53.48 NCS  
2:03.99 CON**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>Finals</b>				
1 Las Lomas High School	A	1:46.16	1:43.94! AAA	40
1) Madsen, Devin	2) Carlson, Kasey	3) Amog, Jaclyn	4) Leonard, Kelsey	
27.79	54.70 (26.91)	1:20.13 (25.43)	1:43.94 (23.81)	
2 Campolindo High School	A	1:49.47	1:47.71 AAA	34
1) Sivesind, Padon	2) Mascheroni, Lindsey	3) Whyte, Courtney	4) Holt, Dana	
27.37	58.18 (30.81)	1:27.67 (29.49)	1:47.71 (20.04)	
3 Acalanes High School	A	1:50.07	1:49.09 AAC	32
1) Vance, Nora	2) Records, Kathrine	3) Hill, Kathryn	4) Chan, Natalie	
27.91	57.82 (29.91)	1:24.72 (26.90)	1:49.09 (24.37)	
4 Dougherty Valley High Schoc	A	1:52.07	1:51.99 NCS	30
1) Bergh, Marissa	2) Doan, Kristine	3) Taylor, Jackie	4) Tang, Natalie	
28.53	58.99 (30.46)	1:26.39 (27.40)	1:51.99 (25.60)	
5 Alhambra	A	2:03.34	2:02.61 CON	28
1) Baumgartner, Erin	2) Visser, Lara	3) Capozzo, Monica	4) Metzger, Lindsey	
32.60	1:08.43 (35.83)	1:36.52 (28.09)	2:02.61 (26.09)	
6 Dublin High School	A	2:13.52	2:14.77	26
1) Khandel, Ladan 10	2) Brown, Alexandria 9	3) Wyatt, Blaire 12	4) Chiu, Stephanie 9	
34.56	1:09.93 (35.37)	1:45.15 (35.22)	2:14.77 (29.62)	
--- Miramonte High School	A	1:53.53	DQ	
Early take-off swimmer #4				
1) Robbins, Sierra	2) Light, Alison	3) Woodward, Brooke	4) Legallet, Elise	
27.77	57.95 (30.18)	1:24.62 (26.67)	DQ (25.02)	

**Event 2 Men 200 Yard Medley Relay**

**DFAL record: 1:34.14 ! 5/14/2010 Campolindo High School Campolindo-  
S Campbell, S Stumph, J Strausser, R Ashby**

**1:37.02 AAA  
1:38.50 AAC  
1:42.46 NCS  
1:51.09 CON**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>Finals</b>				
1 Campolindo High School	A	1:40.29	1:34.14! AAA	40
1) Campbell, Sven	2) Stumph, Steven	3) Strausser, Jeffrey	4) Ashby, Robbie	
24.01	50.90 (26.89)	1:13.29 (22.39)	1:34.14 (20.85)	
2 Acalanes High School	A	1:41.17	1:35.41 AAA	34
1) Palley, David	2) Kennedy, Morgan	3) Gibson, Piankhi	4) Boone, Nate	
24.96	51.70 (26.74)	1:13.54 (21.84)	1:35.41 (21.87)	
3 Miramonte High School	A	1:38.25	1:35.89 AAA	32
1) May, Tennyson	2) Wiser, Charlie	3) Deaver, Nick	4) Holland, Drew	
25.57	51.81 (26.24)	1:14.17 (22.36)	1:35.89 (21.72)	
4 Las Lomas High School	A	1:40.11	1:37.80 AAC	30
1) Sevilla, Ryan	2) Henri, Pearson	3) Harper, Greg	4) Lonzo, Charlie	
25.47	52.96 (27.49)	1:15.92 (22.96)	1:37.80 (21.88)	

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## DFAL Varsity Championships

## Results - DFAL Finals

## Finals ... (Event 2 Men 200 Yard Medley Relay)

Team	Relay	Prelim Time	Finals Time	Points
5 Dougherty Valley High Schoc	A	1:45.26	1:44.86 CON	28
1) Ho, Hugo	2) Lundeen, Trevor	3) Fitzgerald, Scott	4) Silva, Sebastian	
28.13	56.82 (28.69)	1:21.80 (24.98)	1:44.86 (23.06)	
6 Dublin High School	A	1:49.06	1:49.37 CON	26
1) Brillante, Jonathan 10	2) Wilkinson, Kagan 12	3) Ugarte, Joey 12	4) Page, Caven 11	
29.38	59.21 (29.83)	1:25.52 (26.31)	1:49.37 (23.85)	
--- Alhambra	A	1:50.07	DQ	
Early take-off swimmer #3				
1) Bull, Chris	2) Madsen, Nate	3) Retta, David	4) Sander, Mike	
27.11	57.62 (30.51)	1:24.43 (26.81)	DQ (21.62)	

## Event 3 Women 200 Yard Freestyle

DFAL record: 1:51.25 ! 2008

Shelley Harper

Las Lomas

1:51.28 AAA

1:52.99 AAC

1:56.05 NCS

2:02.79 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Leonard, Kelsey		Las Lomas High School	1:53.57	1:52.89 AAC	20
25.76	53.80 (28.04)	1:22.89 (29.09)	1:52.89 (30.00)		
2 Carlson, Taylor		Las Lomas High School	1:55.21	1:54.54 NCS	17
25.94	54.45 (28.51)	1:24.12 (29.67)	1:54.54 (30.42)		
3 Erickson, Eva		Campolindo High School	1:56.01	1:54.89 NCS	16
26.70	55.42 (28.72)	1:25.00 (29.58)	1:54.89 (29.89)		
4 Johnson, Danielle		Las Lomas High School	1:59.37	1:56.60 CON	15
26.88	55.98 (29.10)	1:26.27 (30.29)	1:56.60 (30.33)		
5 Bicomong, Meghan		Campolindo High School	1:57.38	1:56.61 CON	14
16.96	56.23 (39.27)	1:26.27 (30.04)	1:56.61 (30.34)		
6 Howard, Megan		Miramonte High School	1:55.74	1:57.84 CON	13
26.86	56.68 (29.82)	1:27.44 (30.76)	1:57.84 (30.40)		
7 Swinton, Samantha		Miramonte High School	1:59.86	1:59.42 CON	12
27.17	57.08 (29.91)	1:28.17 (31.09)	1:59.42 (31.25)		
8 Flower, Sam		Campolindo High School	1:59.95	1:59.52 CON	11
27.11	56.94 (29.83)	1:28.36 (31.42)	1:59.52 (31.16)		
<b>B - Final</b>					
9 Tang, Natalie		Dougherty Valley High School	2:00.26	1:58.62 CON	9
28.39	58.40 (30.01)	1:28.82 (30.42)	1:58.62 (29.80)		
10 Peiros, Lizzie		Campolindo High School	2:01.80	1:59.70 CON	7
28.58	58.63 (30.05)	1:29.24 (30.61)	1:59.70 (30.46)		
11 Quinn, Molly		Acalanes High School	2:00.79	2:02.26 CON	6
27.65	58.35 (30.70)	1:29.90 (31.55)	2:02.26 (32.36)		
12 Rogers, Kristin		Dougherty Valley High School	2:03.33	2:03.03	5
28.20	58.73 (30.53)	1:30.61 (31.88)	2:03.03 (32.42)		
13 Attard, Margaux		Miramonte High School	2:06.13	2:03.80	4
27.74	58.70 (30.96)	1:31.13 (32.43)	2:03.80 (32.67)		
14 Sharf, Maxine		Miramonte High School	2:05.76	2:04.89	3
28.30	59.23 (30.93)	1:31.80 (32.57)	2:04.89 (33.09)		
15 Ramm, Katherine		Acalanes High School	2:07.45	2:06.19	2
29.32	1:01.16 (31.84)	1:33.82 (32.66)	2:06.19 (32.37)		
16 Metzger, Lindsey		Alhambra	2:04.92	2:09.95	1
29.43	1:02.48 (33.05)	1:36.54 (34.06)	2:09.95 (33.41)		

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Event 4 Men 200 Yard Freestyle

DFAL record: 1:40.18 ! 5/14/2010 Jackson Miller

Las Lomas-

1:41.46 AAA

1:42.97 AAC

1:45.77 NCS

1:50.99 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Miller, Jackson		Las Lomas High School	1:44.02	1:40.18!	AAA 20
22.91	47.85 (24.94)	1:13.61 (25.76)	1:40.18 (26.57)		
2 Harper, Greg		Las Lomas High School	1:42.62	1:42.04	AAC 17
22.91	48.06 (25.15)	1:14.75 (26.69)	1:42.04 (27.29)		
3 Ashby, Robbie		Campolindo High School	1:44.53	1:44.45	NCS 16
23.84	49.74 (25.90)	1:16.80 (27.06)	1:44.45 (27.65)		
4 Weikert, Kyle		Miramonte High School	1:46.27	1:45.14	NCS 15
24.40	51.12 (26.72)	1:18.26 (27.14)	1:45.14 (26.88)		
5 Jensen, Tor		Campolindo High School	1:45.75	1:45.31	NCS 14
24.32	49.62 (25.30)	1:17.36 (27.74)	1:45.31 (27.95)		
6 Ryner, Aleck		Miramonte High School	1:46.12	1:46.52	CON 13
24.71	51.39 (26.68)	1:19.32 (27.93)	1:46.52 (27.20)		
7 Kingery, Stephen		Campolindo High School	1:46.38	1:47.48	CON 12
25.06	52.09 (27.03)	1:20.00 (27.91)	1:47.48 (27.48)		
8 Smith, Ben		Campolindo High School	1:46.75	1:51.72	11
24.29	51.35 (27.06)	1:20.95 (29.60)	1:51.72 (30.77)		
<b>B - Final</b>					
9 Higgins, Ryan		Miramonte High School	1:46.77	1:47.61	CON 9
24.88	52.28 (27.40)	1:20.12 (27.84)	1:47.61 (27.49)		
10 Vaiana, Nick		Acalanes High School	1:48.75	1:48.47	CON 7
25.19	52.91 (27.72)	1:21.22 (28.31)	1:48.47 (27.25)		
11 Fabian, Joey		Miramonte High School	1:49.18	1:48.92	CON 6
24.76	52.45 (27.69)	1:20.42 (27.97)	1:48.92 (28.50)		
12 Connolly, Ryan		Acalanes High School	1:49.02	1:49.31	CON 5
25.12	52.84 (27.72)	1:20.98 (28.14)	1:49.31 (28.33)		
13 Worthing, Michael		Acalanes High School	1:49.11	1:49.32	CON 4
25.69	53.80 (28.11)	1:22.09 (28.29)	1:49.32 (27.23)		
14 Dietrich, Joe		Acalanes High School	1:49.36	1:50.66	CON 3
25.75	53.85 (28.10)	1:22.75 (28.90)	1:50.66 (27.91)		
15 Buffo, John		Las Lomas High School	1:52.68	1:53.94	2
26.26	54.82 (28.56)	1:24.40 (29.58)	1:53.94 (29.54)		
16 Ngo, Jonathan		Dougherty Valley High School	1:54.82	1:54.05	1
26.22	55.06 (28.84)	1:24.59 (29.53)	1:54.05 (29.46)		

## Event 5 Women 200 Yard IM

DFAL record: 2:02.77 ! 2005 Heather White

Miramonte

2:05.37 AAA

2:07.60 AAC

2:09.68 NCS

2:18.69 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Ward, Andrea		Campolindo High School	2:11.03	2:03.82	AAA 20
26.61	57.88 (31.27)	1:34.75 (36.87)	2:03.82 (29.07)		

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## Results - DFAL Finals

## A - Final ... (Event 5 Women 200 Yard IM)

Name	Age	School	Prelim Time	Finals Time	Points
2 Whyte, Courtney		Campolindo High School	2:15.21	2:08.31	NCS 17
27.32	59.85 (32.53)	1:39.06 (39.21)	2:08.31 (29.25)		
3 Kay, Kortney		Dougherty Valley High School	2:13.86	2:09.50	NCS 16
28.32	1:02.47 (34.15)	1:38.90 (36.43)	2:09.50 (30.60)		
4 Records, Kathrine		Acalanes High School	2:10.53	2:11.10	CON 15
28.41	1:03.78 (35.37)	1:39.64 (35.86)	2:11.10 (31.46)		
5 Doan, Kristine		Dougherty Valley High School	2:10.86	2:11.11	CON 14
28.79	1:05.18 (36.39)	1:41.24 (36.06)	2:11.11 (29.87)		
6 Woodward, Brooke		Miramonte High School	2:12.81	2:12.85	CON 13
28.40	1:02.67 (34.27)	1:40.27 (37.60)	2:12.85 (32.58)		
7 Giambastini, Emily		Acalanes High School	2:14.20	2:14.64	CON 12
28.34	1:02.16 (33.82)	1:42.04 (39.88)	2:14.64 (32.60)		
8 Nishimi, Andie		Campolindo High School	2:15.54	2:15.14	CON 11
29.34	1:03.28 (33.94)	1:43.35 (40.07)	2:15.14 (31.79)		

## B - Final

9 Albaugh, Emily		Las Lomas High School	2:16.37	2:14.24	CON 9
29.45	1:04.11 (34.66)	1:41.71 (37.60)	2:14.24 (32.53)		
10 Yeh, Katy		Miramonte High School	2:18.12	2:15.92	CON 7
29.99	1:04.31 (34.32)	1:42.73 (38.42)	2:15.92 (33.19)		
11 Mascheroni, Lindsey		Campolindo High School	2:18.46	2:17.30	CON 6
29.63	1:06.14 (36.51)	1:43.57 (37.43)	2:17.30 (33.73)		
12 Hill, Meghan		Acalanes High School	2:19.24	2:18.78	5
30.05	1:05.38 (35.33)	1:46.56 (41.18)	2:18.78 (32.22)		
13 Marinchak, Katherine		Las Lomas High School	2:23.28	2:20.08	4
29.89	1:06.28 (36.39)	1:47.31 (41.03)	2:20.08 (32.77)		
14 Su, Valerie		Miramonte High School	2:19.31	2:20.94	3
30.00	1:05.28 (35.28)	1:46.90 (41.62)	2:20.94 (34.04)		
15 Bozzini, Julianne		Acalanes High School	2:19.81	2:21.32	2
30.03	1:07.79 (37.76)	1:47.82 (40.03)	2:21.32 (33.50)		
16 Baer, Shannon		Las Lomas High School	2:29.10	2:32.08	1
32.06	1:12.66 (40.60)	1:56.50 (43.84)	2:32.08 (35.58)		

## Event 6 Men 200 Yard IM

DFAL record: 1:52.96 ! 2004 Scott Lathrope Campolindo  
 1:54.02 AAA  
 1:55.96 AAC  
 2:00.71 NCS  
 2:08.69 CON

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Stumph, Steven		Campolindo High School	1:53.20	1:53.87	AAA 20
24.88	54.12 (29.24)	1:26.36 (32.24)	1:53.87 (27.51)		
2 Wisner, Charlie		Miramonte High School	1:56.74	1:56.80	NCS 17
25.87	56.33 (30.46)	1:28.61 (32.28)	1:56.80 (28.19)		
3 Usinger, Brett		Acalanes High School	1:58.93	1:58.24	NCS 16
25.20	55.19 (29.99)	1:29.64 (34.45)	1:58.24 (28.60)		
4 Taapken, Zachary		Miramonte High School	2:00.24	1:59.21	NCS 15
26.47	56.83 (30.36)	1:30.42 (33.59)	1:59.21 (28.79)		
5 Palley, David		Acalanes High School	2:01.98	1:59.73	NCS 14
25.58	53.82 (28.24)	1:29.93 (36.11)	1:59.73 (29.80)		
6 Burke, Matthew		Las Lomas High School	2:01.86	2:01.20	CON 13
25.53	56.74 (31.21)	1:32.80 (36.06)	2:01.20 (28.40)		

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## DFAL Varsity Championships

## Results - DFAL Finals

## A - Final ... (Event 6 Men 200 Yard IM)

Name	Age	School	Prelim Time	Finals Time	Points
7 Wanket, Tony		Alhambra	2:03.19	2:02.68	CON 12
26.88	57.08 (30.20)	1:34.66 (37.58)	2:02.68 (28.02)		
8 Mooney, Sean		Acalanes High School	2:03.34	2:04.55	CON 11
26.70	57.08 (30.38)	1:34.19 (37.11)	2:04.55 (30.36)		
<b>B - Final</b>					
9 Henri, Pearson		Las Lomas High School	2:06.00	2:03.38	CON 9
26.98	59.85 (32.87)	1:34.74 (34.89)	2:03.38 (28.64)		
10 Byrne, Connor		Miramonte High School	2:06.07	2:03.58	CON 7
25.91	56.88 (30.97)	1:33.95 (37.07)	2:03.58 (29.63)		
11 Patterson, Dominic		Campolindo High School	2:10.59	2:05.80	CON 6
26.89	58.19 (31.30)	1:35.78 (37.59)	2:05.80 (30.02)		
12 Lin, Lucas		Las Lomas High School	2:04.98	2:05.81	CON 5
26.95	59.17 (32.22)	1:35.80 (36.63)	2:05.81 (30.01)		
13 Stewart, Rory		Las Lomas High School	2:06.15	2:08.49	CON 4
26.73	58.29 (31.56)	1:36.95 (38.66)	2:08.49 (31.54)		
14 Fluegge, Robbie		Miramonte High School	2:08.31	2:09.13	3
25.59	56.84 (31.25)	1:38.36 (41.52)	2:09.13 (30.77)		
15 Inserra, Luke		Acalanes High School	2:11.65	2:10.65	2
25.50	59.11 (33.61)	1:38.73 (39.62)	2:10.65 (31.92)		
16 Young, Ben		11 Dublin High School	2:09.81	2:11.29	1
27.04	59.30 (32.26)	1:39.57 (40.27)	2:11.29 (31.72)		

## Event 7 Women 50 Yard Freestyle

DFAL record: 22.99 ! 5/14/2010 Kasey Carlson Las Lomas-  
 23.81 AAA  
 24.12 AAC  
 24.32 NCS  
 25.99 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Carlson, Kasey		Las Lomas High School	23.60	22.99!	AAA 20
2 Holt, Dana		Campolindo High School	24.58	24.14	NCS 17
3 White, Meredith		Miramonte High School	24.58	24.46	CON 16
4 Cleak, Rachel		Campolindo High School	24.43	24.50	CON 15
5 Bergh, Marissa		Dougherty Valley High School	24.52	24.55	CON 14
6 Robbins, Sierra		Miramonte High School	24.10	24.56	CON 13
7 Chan, Natalie		Acalanes High School	24.89	24.57	CON 12
8 Flower, Sam		Campolindo High School	24.94	24.91	CON 11
<b>B - Final</b>					
9 Amog, Jaclyn		Las Lomas High School	25.33	24.69	CON 9
10 Toohey, Alex		Campolindo High School	25.03	24.89	CON 7
11 Capozzo, Monica		Alhambra	25.61	25.81	CON 6
12 Legallet, Elise		Miramonte High School	25.85	26.09	5
13 Hill, Kathryn		Acalanes High School	26.03	26.18	4
14 Green, Addie		Las Lomas High School	25.75	26.23	3
15 Freeman, Megan		Miramonte High School	26.00	26.32	2
16 Newman, Lizzie		Acalanes High School	26.03	26.37	1

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Event 8 Men 50 Yard Freestyle

DFAL record: 20.99 ! 5/13/2010 Jeffrey Strausser

Campolindo-

21.15 AAA

21.48 AAC

21.80 NCS

22.89 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Strausser, Jeffrey		Campolindo High School	20.99	21.04	AAA 20
2 Gibson, Piankhi		Acalanes High School	21.59	21.40	AAC 17
3 Zolintakis, Nick		Campolindo High School	21.44	21.45	AAC 16
4 May, Tennyson		Miramonte High School	21.86	21.71	NCS 15
5 Boone, Nate		Acalanes High School	22.09	22.30	CON 14
6 Unger, Jeremy		Miramonte High School	22.30	22.32	CON 13
7 Gordon, Steven		Alhambra	22.30	22.36	CON 12
8 Lonzo, Charlie		Las Lomas High School	22.12	22.49	CON 11
<b>B - Final</b>					
9 Sander, Mike		Alhambra	22.71	22.16	CON 9
10 Sanders, Brian		Campolindo High School	22.46	22.29	CON 7
11 Holland, John		Miramonte High School	22.32	22.31	CON 6
12 Sinkevich, Mikhail		Las Lomas High School	22.41	22.33	CON 5
13 Zamudio, Matthew	9	Dublin High School	22.93	22.58	CON 4
14 Reed, Brent	12	Dublin High School	22.80	23.05	3
15 MacKinnon, Conor		Acalanes High School	23.17	23.23	2
16 Sinkevich, Alexei		Las Lomas High School	23.05	23.38	1

## Event 9 Women 1 mtr Diving

DFAL record: 463.60 ! 2006

Laura Winn

Acalanes

Name	Age	School	Finals Score	Points
1 Kjell, Maren		Campolindo High School	NT	402.80 20
2 Cravero, Alexis		Campolindo High School	NT	347.65 17
3 Finertie, Heather		Miramonte High School	NT	333.25 16
4 Kaplan, Theresa		Miramonte High School	NT	276.00 15

## Event 10 Men 1 mtr Diving

DFAL record: 477.50 ! 2004

Billy Sweezer

Acalanes

Name	Age	School	Finals Score	Points
1 Lichtig, Asher		Acalanes High School	NT	372.60 20

## Event 11 Women 100 Yard Butterfly

DFAL record: 56.02 ! 5/9/2009 Courtney Whyte

Campolindo

56.57 AAA

57.50 AAC

57.68 NCS

1:03.69 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
*1 Leonard, Kelsey		Las Lomas High School	57.89	56.17	AAA 18.50
	26.44	56.17 (29.73)			
*1 Whyte, Courtney		Campolindo High School	57.69	56.17	AAA 18.50
	26.53	56.17 (29.64)			
3 Amog, Jaclyn		Las Lomas High School	59.37	57.84	CON 16
	27.04	57.84 (30.80)			

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## A - Final ... (Event 11 Women 100 Yard Butterfly)

Name	Age	School	Prelim Time	Finals Time	Points
4 Swinton, Samantha 27.94	59.74 (31.80)	Miramonte High School	1:00.74	59.74	CON 15
5 Taylor, Jackie 28.86	1:00.76 (31.90)	Dougherty Valley High School	1:00.43	1:00.76	CON 14
6 Nishimi, Andie 28.92	1:00.83 (31.91)	Campolindo High School	59.93	1:00.83	CON 13
7 Peiros, Lizzie 28.90	1:01.20 (32.30)	Campolindo High School	1:01.00	1:01.20	CON 12
8 Russell, Hayley 28.51	1:02.22 (33.71)	Campolindo High School	59.93	1:02.22	CON 11

## B - Final

9 Hill, Kathryn 28.73	1:01.79 (33.06)	Acalanes High School	1:01.28	1:01.79	CON 9
10 Capozzo, Monica 28.76	1:01.86 (33.10)	Alhambra	1:02.70	1:01.86	CON 7
11 Delaporta, Erin 28.55	1:02.17 (33.62)	Las Lomas High School	1:02.85	1:02.17	CON 6
12 Larsen, Mollie 28.82	1:02.60 (33.78)	Miramonte High School	1:02.23	1:02.60	CON 5
13 Rogers, Kristin 30.65	1:04.23 (33.58)	Dougherty Valley High School	1:06.24	1:04.23	4
14 Worthing, Courtney 30.72	1:05.23 (34.51)	Acalanes High School	1:05.10	1:05.23	3
15 Mullins, Addy 30.35	1:05.84 (35.49)	Acalanes High School	1:05.97	1:05.84	2
16 Noah, Kelly 31.21	1:06.73 (35.52)	Miramonte High School	1:05.49	1:06.73	1

## Event 12 Men 100 Yard Butterfly

DFAL record:	49.99 ! 2005	Jesse Kromprier	Campolindo
	50.80 AAA		
	51.72 AAC		
	52.57 NCS		
	57.29 CON		

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Gibson, Piankhi		Acalanes High School	50.60	50.02	AAA 20
2 Strausser, Jeffrey		Campolindo High School	50.56	50.05	AAA 17
3 Deaver, Nick		Miramonte High School	51.10	52.41	NCS 16
4 Wonnemberg, Michael		Alhambra	53.52	53.12	CON 15
5 Weikert, Kyle		Miramonte High School	53.34	53.47	CON 14
6 Choi, Kevin		Las Lomas High School	53.85	54.28	CON 13
7 Boone, Nate		Acalanes High School	53.48	54.30	CON 12
8 Unger, Jeremy		Miramonte High School	54.35	54.76	CON 11
<b>B - Final</b>					
9 Connolly, Ryan 25.24	54.30 (29.06)	Acalanes High School	54.96	54.30	CON 9
10 Burke, Matthew 25.85	54.40 (28.55)	Las Lomas High School	54.57	54.40	CON 7
11 Sanders, Clay 25.73	54.70 (28.97)	Campolindo High School	54.60	54.70	CON 6

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

**B - Final ... (Event 12 Men 100 Yard Butterfly)**

Name	Age	School	Prelim Time	Finals Time	Points
12 Hoyh, Cameron		Miramonte High School	55.52	55.22	CON 5
25.56	55.22 (29.66)				
13 Ratchford, Jonathan		Campolindo High School	55.78	55.70	CON 4
25.65	55.70 (30.05)				
14 Green, Connor		Las Lomas High School	57.33	56.94	CON 3
26.13	56.94 (30.81)				
15 Fitzgerald, Scott		Dougherty Valley High School	58.13	57.11	CON 2
26.17	57.11 (30.94)				
16 MacKinnon, Conor		Acalanes High School	55.64	57.26	CON 1
26.34	57.26 (30.92)				

**Event 13 Women 100 Yard Freestyle**

DFAL record: **49.53 ! 5/9/2009 Kasey Carlson Las Lomas**  
**51.62 AAA**  
**52.39 AAC**  
**53.45 NCS**  
**57.09 CON**

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 White, Meredith		Miramonte High School	53.52	52.61	NCS 20
25.27	52.61 (27.34)				
2 Madsen, Devin		Las Lomas High School	53.25	52.63	NCS 17
25.20	52.63 (27.43)				
3 Holt, Dana		Campolindo High School	53.51	52.71	NCS 16
25.39	52.71 (27.32)				
4 Cleak, Rachel		Campolindo High School	53.51	52.72	NCS 15
25.20	52.72 (27.52)				
5 Bergh, Marissa		Dougherty Valley High School	53.19	52.88	NCS 14
25.49	52.88 (27.39)				
6 Bicomong, Meghan		Campolindo High School	53.44	52.99	NCS 13
25.72	52.99 (27.27)				
7 Sivesind, Padon		Campolindo High School	53.09	53.70	CON 12
25.58	53.70 (28.12)				
8 Haufler, Jenna		Miramonte High School	53.51	54.72	CON 11
25.70	54.72 (29.02)				
<b>B - Final</b>					
9 Chan, Natalie		Acalanes High School	55.46	55.22	CON 9
26.41	55.22 (28.81)				
10 Giambastini, Emily		Acalanes High School	55.29	55.38	CON 7
26.36	55.38 (29.02)				
11 Tang, Natalie		Dougherty Valley High School	55.95	55.53	CON 6
26.96	55.53 (28.57)				
12 Quinn, Molly		Acalanes High School	55.85	55.99	CON 5
26.80	55.99 (29.19)				
13 Attard, Margaux		Miramonte High School	57.61	57.34	4
27.50	57.34 (29.84)				
14 Kahangi, Bitta		Las Lomas High School	58.02	57.37	3
27.76	57.37 (29.61)				
15 Wolff, Alison		Las Lomas High School	57.22	58.21	2
27.89	58.21 (30.32)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

**B - Final ... (Event 13 Women 100 Yard Freestyle)**

Name	Age	School	Prelim Time	Finals Time	Points
--- Vance, Nora		Acalanes High School	55.51	DQ	
False start					
26.45		DQ (29.43)			

**Event 14 Men 100 Yard Freestyle**

<b>DFAL record:</b>	<b>46.01 ! 2008</b>	<b>Matt Dentone</b>	<b>College Park</b>
	<b>46.35 AAA</b>		
	<b>46.98 AAC</b>		
	<b>48.31 NCS</b>		
	<b>50.49 CON</b>		

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Campbell, Sven		Campolindo High School	47.68	46.43 AAC	20
22.34	46.43 (24.09)				
2 Zolintakis, Nick		Campolindo High School	47.27	47.13 NCS	17
22.66	47.13 (24.47)				
3 May, Tennyson		Miramonte High School	47.57	47.81 NCS	16
22.87	47.81 (24.94)				
4 Kingery, Stephen		Campolindo High School	48.20	48.10 NCS	15
23.21	48.10 (24.89)				
5 Sanders, Brian		Campolindo High School	49.04	48.38 CON	14
23.41	48.38 (24.97)				
6 Reed, Brent	12	Dublin High School	48.34	48.48 CON	13
23.11	48.48 (25.37)				
7 Barker, Tyler		Miramonte High School	49.01	48.76 CON	12
23.38	48.76 (25.38)				
8 Lonzo, Charlie		Las Lomas High School	48.48	48.82 CON	11
23.29	48.82 (25.53)				
<b>B - Final</b>					
9 Holland, John		Miramonte High School	49.24	48.99 CON	9
23.44	48.99 (25.55)				
10 Gordon, Steven		Alhambra	49.45	49.27 CON	7
23.40	49.27 (25.87)				
11 Sinkevich, Mikhail		Las Lomas High School	50.24	49.30 CON	6
23.42	49.30 (25.88)				
12 Cullen, Tanner		Acalanes High School	50.80	49.42 CON	5
23.53	49.42 (25.89)				
13 Kisner, Jake		Acalanes High School	49.55	49.73 CON	4
23.54	49.73 (26.19)				
14 Bull, Chris		Alhambra	50.24	50.68	3
24.09	50.68 (26.59)				
15 Dietrich, Joe		Acalanes High School	49.68	50.76	2
23.96	50.76 (26.80)				
16 Snyder, Bryan		Las Lomas High School	50.79	50.86	1
24.24	50.86 (26.62)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Event 15 Women 500 Yard Freestyle

DFAL record: 4:57.11 ! 2008

Shelley Harper

Las Lomas

4:57.24 AAA

5:02.19 AAC

5:07.87 NCS

5:32.09 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Ward, Andrea		Campolindo High School	5:16.09	5:01.48	AAC 20
27.05	56.70 (29.65)	1:26.71 (30.01)	1:57.13 (30.42)		
2:27.76 (30.63)	2:58.60 (30.84)	3:29.25 (30.65)	4:00.40 (31.15)		
4:31.27 (30.87)	5:01.48 (30.21)				
2 Johnson, Danielle		Las Lomas High School	5:18.19	5:10.84	CON 17
28.55	58.98 (30.43)	1:30.06 (31.08)	2:01.85 (31.79)		
2:33.07 (31.22)	3:04.64 (31.57)	3:36.51 (31.87)	4:08.51 (32.00)		
4:40.26 (31.75)	5:10.84 (30.58)				
3 Howard, Megan		Miramonte High School	5:15.06	5:20.53	CON 16
28.88	1:00.59 (31.71)	1:33.05 (32.46)	2:06.23 (33.18)		
2:39.67 (33.44)	3:12.89 (33.22)	3:46.29 (33.40)	4:19.14 (32.85)		
4:50.83 (31.69)	5:20.53 (29.70)				
4 Schlenker, Amanda		Campolindo High School	5:26.10	5:26.13	CON 15
28.39	59.45 (31.06)	1:31.37 (31.92)	2:04.22 (32.85)		
2:37.67 (33.45)	3:11.31 (33.64)	3:45.45 (34.14)	4:19.10 (33.65)		
4:52.81 (33.71)	5:26.13 (33.32)				
5 Byrne, Erin		Miramonte High School	5:30.11	5:28.96	CON 14
30.04	1:02.71 (32.67)	1:35.90 (33.19)	2:09.29 (33.39)		
2:42.63 (33.34)	3:16.09 (33.46)	3:49.92 (33.83)	4:23.78 (33.86)		
4:57.22 (33.44)	5:28.96 (31.74)				
6 Hoover, Ruthie		Campolindo High School	5:26.21	5:29.18	CON 13
28.96	1:01.04 (32.08)	1:33.90 (32.86)	2:07.08 (33.18)		
2:40.57 (33.49)	3:14.25 (33.68)	3:47.82 (33.57)	4:21.97 (34.15)		
4:56.26 (34.29)	5:29.18 (32.92)				
7 Giambastini, Megan		Acalanes High School	5:31.87	5:29.22	CON 12
29.81	1:02.71 (32.90)	1:35.72 (33.01)	2:09.17 (33.45)		
2:42.46 (33.29)	3:16.01 (33.55)	3:49.81 (33.80)	4:23.89 (34.08)		
4:57.58 (33.69)	5:29.22 (31.64)				
8 Larsen, Mollie		Miramonte High School	5:30.91	5:33.02	11
29.67	1:01.85 (32.18)	1:34.98 (33.13)	2:08.64 (33.66)		
2:42.87 (34.23)	3:17.09 (34.22)	3:51.20 (34.11)	4:25.67 (34.47)		
5:00.15 (34.48)	5:33.02 (32.87)				
<b>B - Final</b>					
9 Diaz, Isabella		Las Lomas High School	5:37.47	5:30.42	CON 9
29.23	1:01.28 (32.05)	1:34.09 (32.81)	2:07.38 (33.29)		
2:41.15 (33.77)	3:15.13 (33.98)	3:48.97 (33.84)	4:23.38 (34.41)		
4:57.37 (33.99)	5:30.42 (33.05)				
10 Metzger, Lindsey		Alhambra	5:32.91	5:30.67	CON 7
28.86	1:00.93 (32.07)	1:34.23 (33.30)	2:07.72 (33.49)		
2:41.37 (33.65)	3:15.65 (34.28)	3:49.61 (33.96)	4:24.14 (34.53)		
4:58.33 (34.19)	5:30.67 (32.34)				
11 Yeh, Katy		Miramonte High School	5:44.50	5:37.38	6
30.63	1:03.35 (32.72)	1:36.93 (33.58)	2:11.40 (34.47)		
2:45.97 (34.57)	3:21.04 (35.07)	3:54.87 (33.83)	4:29.37 (34.50)		
5:04.02 (34.65)	5:37.38 (33.36)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## B - Final ... (Event 15 Women 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
12 Ramm, Katherine		Acalanes High School	5:37.98	5:39.68	5
30.84	1:04.86 (34.02)	1:39.59 (34.73)	2:14.46 (34.87)		
2:48.86 (34.40)	3:23.47 (34.61)	3:58.05 (34.58)	4:32.41 (34.36)		
5:06.79 (34.38)	5:39.68 (32.89)				
13 Mes, Megan		Acalanes High School	5:55.71	5:52.87	4
31.76	1:06.75 (34.99)	1:42.32 (35.57)	2:17.80 (35.48)		
2:53.13 (35.33)	3:28.62 (35.49)	4:04.70 (36.08)	4:40.98 (36.28)		
5:17.46 (36.48)	5:52.87 (35.41)				
14 Frentzen, Laura		Las Lomas High School	6:19.68	6:13.55	3
32.21	1:09.02 (36.81)	1:46.71 (37.69)	2:24.93 (38.22)		
3:02.87 (37.94)	3:40.85 (37.98)	4:19.16 (38.31)	4:57.50 (38.34)		
5:36.38 (38.88)	6:13.55 (37.17)				
15 Kenney, Ann	12	Dublin High School	6:27.04	6:19.65	2
32.17	1:08.74 (36.57)	1:47.67 (38.93)	2:26.12 (38.45)		
3:04.58 (38.46)	3:43.48 (38.90)	4:23.48 (40.00)	5:03.75 (40.27)		
5:43.73 (39.98)	6:19.65 (35.92)				
16 Donoghue, Erin		Las Lomas High School	6:22.16	6:21.16	1
31.99	1:08.15 (36.16)	1:45.82 (37.67)	2:23.83 (38.01)		
3:02.48 (38.65)	3:41.88 (39.40)	4:21.64 (39.76)	5:02.24 (40.60)		
5:42.74 (40.50)	6:21.16 (38.42)				

## Event 16 Men 500 Yard Freestyle

DFAL record: 4:33.78 ! 5/14/2010 Greg Harper

Las Lomas-

4:35.51 AAA

4:39.82 AAC

4:48.06 NCS

5:08.99 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Harper, Greg		Las Lomas High School	4:41.87	4:33.78! AAA	20
25.09	52.06 (26.97)	1:19.62 (27.56)	1:47.53 (27.91)		
2:14.99 (27.46)	2:42.48 (27.49)	3:10.03 (27.55)	3:38.20 (28.17)		
4:06.41 (28.21)	4:33.78 (27.37)				
2 Miller, Jackson		Las Lomas High School	4:43.76	4:34.40 AAA	17
24.80	51.63 (26.83)	1:19.08 (27.45)	1:46.93 (27.85)		
2:15.05 (28.12)	2:42.81 (27.76)	3:11.04 (28.23)	3:39.23 (28.19)		
4:07.31 (28.08)	4:34.40 (27.09)				
3 Ashby, Robbie		Campolindo High School	4:46.96	4:48.71 CON	16
25.47	53.39 (27.92)	1:22.16 (28.77)	1:51.25 (29.09)		
2:20.31 (29.06)	2:49.97 (29.66)	3:19.52 (29.55)	3:48.85 (29.33)		
4:18.96 (30.11)	4:48.71 (29.75)				
4 Jensen, Tor		Campolindo High School	4:55.40	4:51.80 CON	15
25.94	54.28 (28.34)	1:23.83 (29.55)	1:54.06 (30.23)		
2:24.48 (30.42)	2:54.75 (30.27)	3:25.09 (30.34)	3:55.25 (30.16)		
4:25.14 (29.89)	4:51.80 (26.66)				
5 Vaiana, Nick		Acalanes High School	4:57.67	4:52.08 CON	14
26.46	55.51 (29.05)	1:25.20 (29.69)	1:55.01 (29.81)		
2:24.79 (29.78)	2:54.79 (30.00)	3:24.68 (29.89)	3:54.77 (30.09)		
4:24.29 (29.52)	4:52.08 (27.79)				
6 Higgins, Ryan		Miramonte High School	4:56.37	4:52.45 CON	13
26.97	55.95 (28.98)	1:25.97 (30.02)	1:56.27 (30.30)		
2:26.33 (30.06)	2:56.63 (30.30)	3:26.50 (29.87)	3:56.30 (29.80)		
4:25.11 (28.81)	4:52.45 (27.34)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## A - Final ... (Event 16 Men 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
7 Sanders, Clay		Campolindo High School	4:55.62	4:53.53	CON 12
26.96	56.36 (29.40)	1:25.81 (29.45)	1:55.64 (29.83)		
2:25.26 (29.62)	2:54.97 (29.71)	3:24.70 (29.73)	3:54.58 (29.88)		
4:24.45 (29.87)	4:53.53 (29.08)				
8 Smith, Ben		Campolindo High School	4:49.36	5:11.82	11
26.45	56.55 (30.10)	1:27.68 (31.13)	1:59.80 (32.12)		
2:32.23 (32.43)	3:04.72 (32.49)	3:37.01 (32.29)	4:09.26 (32.25)		
4:41.19 (31.93)	5:11.82 (30.63)				
<b>B - Final</b>					
9 Hoyh, Cameron		Miramonte High School	4:58.04	5:00.33	CON 9
26.51	55.96 (29.45)	1:26.34 (30.38)	1:56.94 (30.60)		
2:27.40 (30.46)	2:58.06 (30.66)	3:28.73 (30.67)	3:59.92 (31.19)		
4:31.04 (31.12)	5:00.33 (29.29)				
10 Fabian, Joey		Miramonte High School	4:58.71	5:01.36	CON 7
26.49	55.76 (29.27)	1:26.23 (30.47)	1:57.27 (31.04)		
2:28.04 (30.77)	2:59.28 (31.24)	3:30.03 (30.75)	4:01.58 (31.55)		
4:33.11 (31.53)	5:01.36 (28.25)				
11 Schnugg, Andrew		Acalanes High School	5:01.20	5:03.19	CON 6
26.70	56.33 (29.63)	1:26.89 (30.56)	1:58.09 (31.20)		
2:29.82 (31.73)	3:01.07 (31.25)	3:32.09 (31.02)	4:03.22 (31.13)		
4:33.92 (30.70)	5:03.19 (29.27)				
12 Miao, Albert		Miramonte High School	5:06.15	5:06.38	CON 5
27.97	58.42 (30.45)	1:28.96 (30.54)	1:59.74 (30.78)		
2:31.08 (31.34)	3:02.15 (31.07)	3:33.52 (31.37)	4:04.62 (31.10)		
4:35.91 (31.29)	5:06.38 (30.47)				
13 Buffo, John		Las Lomas High School	5:10.35	5:07.34	CON 4
28.40	58.77 (30.37)	1:29.62 (30.85)	2:00.84 (31.22)		
2:32.42 (31.58)	3:04.20 (31.78)	3:35.98 (31.78)	4:07.64 (31.66)		
4:38.64 (31.00)	5:07.34 (28.70)				
14 Hill, Tyler		Acalanes High School	5:10.28	5:09.54	3
27.50	56.99 (29.49)	1:27.40 (30.41)	1:58.72 (31.32)		
2:30.59 (31.87)	3:02.53 (31.94)	3:34.45 (31.92)	4:06.49 (32.04)		
4:38.41 (31.92)	5:09.54 (31.13)				
15 Ngo, Jonathan		Dougherty Valley High School	5:13.37	5:14.67	2
28.28	59.31 (31.03)	1:31.42 (32.11)	2:04.21 (32.79)		
2:35.86 (31.65)	3:08.03 (32.17)	3:40.30 (32.27)	4:12.40 (32.10)		
4:44.19 (31.79)	5:14.67 (30.48)				
16 Retta, David		Alhambra	5:19.80	5:24.51	1
27.64	57.74 (30.10)	1:28.93 (31.19)	2:00.51 (31.58)		
2:33.46 (32.95)	3:06.76 (33.30)	3:41.15 (34.39)	4:16.02 (34.87)		
4:50.98 (34.96)	5:24.51 (33.53)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Event 17 Women 200 Yard Freestyle Relay

DFAL record: 1:35.34 ! 5/14/2010 Las Lomas High School Las Lomas-  
K Leonard, T Carlson, J Amog, K Carlson

1:38.14 AAA  
1:39.64 AAC  
1:42.21 NCS  
1:51.09 CON

Team	Relay	Prelim Time	Finals Time	Points
<b>Finals</b>				
1 Las Lomas High School	A	1:37.82	1:35.34! AAA	40
1) Leonard, Kelsey	2) Carlson, Taylor	3) Amog, Jaclyn	4) Carlson, Kasey	
24.46	48.51 (24.05)	1:13.03 (24.52)	1:35.34 (22.31)	
2 Campolindo High School	A	1:40.51	1:36.77 AAA	34
1) Cleak, Rachel	2) Ward, Andrea	3) Flower, Sam	4) Holt, Dana	
24.43	48.45 (24.02)	1:12.92 (24.47)	1:36.77 (23.85)	
3 Miramonte High School	A	1:40.10	1:37.39 AAA	32
1) Robbins, Sierra	2) Howard, Megan	3) Haufler, Jenna	4) White, Meredith	
24.46	48.77 (24.31)	1:13.31 (24.54)	1:37.39 (24.08)	
4 Acalanes High School	A	1:42.61	1:40.89 NCS	30
1) Hill, Meghan	2) Records, Kathrine	3) Giambastini, Emily	4) Chan, Natalie	
25.82	51.04 (25.22)	1:16.32 (25.28)	1:40.89 (24.57)	
5 Dougherty Valley High Schoc	A	1:43.51	1:43.07 CON	28
1) Doan, Kristine	2) Rogers, Kristin	3) Taylor, Jackie	4) Kay, Kortney	
25.67	52.24 (26.57)	1:17.83 (25.59)	1:43.07 (25.24)	
6 Alhambra	A	1:46.51	1:48.32 CON	26
1) Manuli, Alex	2) Metzger, Lindsey	3) Baumgartner, Erin	4) Capozzo, Monica	
26.57	54.04 (27.47)	1:22.00 (27.96)	1:48.32 (26.32)	
7 Dublin High School	A	1:54.43	1:51.49	24
1) Horrillo, Kristin 9	2) Kenney, Ann 12	3) Johanssen, Kirsten 11	4) Fisher, Crystal 10	
27.75	55.95 (28.20)	1:24.89 (28.94)	1:51.49 (26.60)	

## Event 18 Men 200 Yard Freestyle Relay

DFAL record: 1:25.69 ! 5/14/2010 Campolindo High School Campolindo-  
J Strausser, N Zolintakis, B Sanders, S Kingery

1:26.92 AAA  
1:28.29 AAC  
1:30.03 NCS  
1:38.09 CON

Team	Relay	Prelim Time	Finals Time	Points
<b>Finals</b>				
1 Campolindo High School	A	1:30.90	1:25.69! AAA	40
1) Strausser, Jeffrey	2) Zolintakis, Nick	3) Sanders, Brian	4) Kingery, Stephen	
21.05	42.02 (20.97)	1:03.96 (21.94)	1:25.69 (21.73)	
2 Miramonte High School	A	1:29.61	1:27.88 AAC	34
1) Ryner, Aleck	2) Holland, John	3) Barker, Tyler	4) Unger, Jeremy	
22.20	44.56 (22.36)	1:06.28 (21.72)	1:27.88 (21.60)	
3 Acalanes High School	A	1:32.13	1:28.06 AAC	32
1) Kisner, Jake	2) Boone, Nate	3) Dietrich, Joe	4) Gibson, Piankhi	
22.55	44.92 (22.37)	1:06.88 (21.96)	1:28.06 (21.18)	
4 Las Lomas High School	A	1:29.70	1:28.41 NCS	30
1) Lin, Lucas	2) Sinkevich, Alexei	3) Sevilla, Ryan	4) Sinkevich, Mikhail	
22.83	45.08 (22.25)	1:06.96 (21.88)	1:28.41 (21.45)	

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Finals ... (Event 18 Men 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
5 Alhambra	A	1:30.85	1:28.70 NCS	28
1) Sander, Mike	2) Wonnenberg, Michael	3) Wanket, Tony	4) Gordon, Steven	
22.26	44.61 (22.35)	1:06.91 (22.30)	1:28.70 (21.79)	
6 Dublin High School	A	1:31.55	1:30.84 CON	26
1) Wilkinson, Kagan 12	2) Young, Ben 11	3) Zamudio, Matthew 9	4) Reed, Brent 12	
23.98	46.70 (22.72)	1:08.88 (22.18)	1:30.84 (21.96)	
7 Dougherty Valley High Schoc	A	1:33.86	1:31.81 CON	24
1) Fitzgerald, Scott	2) Lloyd, Anthony	3) Ngo, Jonathan	4) Cruz, Nathan	
22.91	45.61 (22.70)	1:09.28 (23.67)	1:31.81 (22.53)	

## Event 19 Women 100 Yard Backstroke

DFAL record: 57.03 ! 2005 Heather White Miramonte  
 57.29 AAA  
 58.43 AAC  
 59.00 NCS  
 1:04.89 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Madsen, Devin		Las Lomas High School	58.91	57.52 AAC	20
27.91	57.52 (29.61)				
2 Erickson, Eva		Campolindo High School	58.72	58.32 AAC	17
28.33	58.32 (29.99)				
3 Robbins, Sierra		Miramonte High School	58.69	59.07 CON	16
28.52	59.07 (30.55)				
4 Sivesind, Padon		Campolindo High School	58.30	59.14 CON	15
28.68	59.14 (30.46)				
5 Haufler, Jenna		Miramonte High School	59.39	59.89 CON	14
29.29	59.89 (30.60)				
6 Vance, Nora		Acalanes High School	1:00.09	1:00.74 CON	13
29.40	1:00.74 (31.34)				
7 Caldwell, Sloan		Campolindo High School	1:01.26	1:00.80 CON	12
28.99	1:00.80 (31.81)				
8 Russell, Hayley		Campolindo High School	1:02.24	1:02.20 CON	11
30.03	1:02.20 (32.17)				
<b>B - Final</b>					
9 Byrne, Erin		Miramonte High School	1:03.60	1:02.32 CON	9
30.13	1:02.32 (32.19)				
10 Linderholm, Grace		Acalanes High School	1:03.38	1:03.18 CON	7
29.86	1:03.18 (33.32)				
11 Su, Valerie		Miramonte High School	1:03.76	1:04.12 CON	6
31.72	1:04.12 (32.40)				
12 Giambastini, Megan		Acalanes High School	1:05.39	1:04.86 CON	5
31.87	1:04.86 (32.99)				
13 Dietrich, Megan		Acalanes High School	1:06.80	1:06.28	4
32.07	1:06.28 (34.21)				
14 Hori, Jessica		Dougherty Valley High School	1:06.40	1:06.31	3
31.82	1:06.31 (34.49)				
15 Kahangi, Bitta		Las Lomas High School	1:09.57	1:08.06	2
32.99	1:08.06 (35.07)				
16 King, Elaine		Las Lomas High School	1:09.98	1:09.66	1
33.52	1:09.66 (36.14)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## Event 20 Men 100 Yard Backstroke

DFAL record: 51.60 ! 5/14/2010 Sven Campbell

Campolindo-

51.92 AAA

52.90 AAC

54.65 NCS

59.29 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Campbell, Sven		Campolindo High School	52.86	51.60! AAA	20
25.42	51.60 (26.18)				
2 Palley, David		Acalanes High School	53.70	52.11 AAC	17
25.39	52.11 (26.72)				
3 Ratchford, Jonathan		Campolindo High School	54.34	54.00 NCS	16
26.23	54.00 (27.77)				
4 Worthing, Michael		Acalanes High School	54.17	54.20 NCS	15
26.15	54.20 (28.05)				
5 Deaver, Nick		Miramonte High School	54.32	54.54 NCS	14
25.79	54.54 (28.75)				
6 Wonenberg, Michael		Alhambra	55.98	55.36 CON	13
26.97	55.36 (28.39)				
7 Miao, Albert		Miramonte High School	55.78	55.39 CON	12
27.19	55.39 (28.20)				
8 Mefford, Jake		Acalanes High School	55.20	55.56 CON	11
26.77	55.56 (28.79)				
<b>B - Final</b>					
9 Taapken, Zachary		Miramonte High School	56.06	55.66 CON	9
27.55	55.66 (28.11)				
10 Sevilla, Ryan		Las Lomas High School	56.39	56.22 CON	7
27.68	56.22 (28.54)				
11 Wanket, Tony		Alhambra	56.31	56.77 CON	6
27.94	56.77 (28.83)				
12 Schnugg, Andrew		Acalanes High School	56.69	56.81 CON	5
27.77	56.81 (29.04)				
13 Snyder, Bryan		Las Lomas High School	56.95	57.01 CON	4
28.03	57.01 (28.98)				
14 Fluegge, Robbie		Miramonte High School	56.80	57.63 CON	3
27.91	57.63 (29.72)				
15 Stewart, Rory		Las Lomas High School	58.37	57.83 CON	2
28.40	57.83 (29.43)				
16 Bull, Chris		Alhambra	57.25	57.99 CON	1
28.09	57.99 (29.90)				

## Event 21 Women 100 Yard Breaststroke

DFAL record: 58.89 ! 5/9/2009 Kasey Carlson

Las Lomas

1:05.03 AAA

1:06.28 AAC

1:06.57 NCS

1:11.79 CON

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Carlson, Kasey		Las Lomas High School	1:02.88	59.71 AAA	20
27.86	59.71 (31.85)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## A - Final ... (Event 21 Women 100 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time	Points
2 Doan, Kristine		Dougherty Valley High School	1:05.03	1:04.86	AAA 17
30.81	1:04.86 (34.05)				
3 Records, Kathrine		Acalanes High School	1:05.97	1:05.85	AAC 16
31.41	1:05.85 (34.44)				
4 Carlson, Taylor		Las Lomas High School	1:07.61	1:06.25	AAC 15
31.28	1:06.25 (34.97)				
5 Mascheroni, Lindsey		Campolindo High School	1:07.70	1:06.65	CON 14
31.17	1:06.65 (35.48)				
6 Kay, Kortney		Dougherty Valley High School	1:08.79	1:07.52	CON 13
31.58	1:07.52 (35.94)				
7 Light, Alison		Miramonte High School	1:07.22	1:07.86	CON 12
31.26	1:07.86 (36.60)				
8 Woodward, Brooke		Miramonte High School	1:07.92	1:08.96	CON 11
32.26	1:08.96 (36.70)				

## B - Final

9 Lanier, Barbara		Acalanes High School	1:10.07	1:08.84	CON 9
32.37	1:08.84 (36.47)				
10 Redig, Natalie		Miramonte High School	1:10.18	1:09.11	CON 7
32.12	1:09.11 (36.99)				
11 Albaugh, Emily		Las Lomas High School	1:12.38	1:09.80	CON 6
32.84	1:09.80 (36.96)				
12 Freeman, Megan		Miramonte High School	1:10.69	1:11.24	CON 5
32.74	1:11.24 (38.50)				
13 Bozzini, Julianne		Acalanes High School	1:11.79	1:11.88	4
33.70	1:11.88 (38.18)				
14 Diep, Monica		Dougherty Valley High School	1:14.01	1:12.99	3
34.58	1:12.99 (38.41)				
15 Fisher, Crystal		10 Dublin High School	1:15.06	1:14.38	2
34.88	1:14.38 (39.50)				
16 Montcrieffe, Caitlin		Acalanes High School	1:14.12	1:14.92	1
35.31	1:14.92 (39.61)				

## Event 22 Men 100 Yard Breaststroke

DFAL record: **56.64 !** 5/14/2010 **Charlie Wisner** **Miramonte-**  
**58.40 AAA**  
**59.40 AAC**  
**1:00.06 NCS**  
**1:04.49 CON**

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Wisner, Charlie		Miramonte High School	57.44	56.64!	AAA 20
26.85	56.64 (29.79)				
2 Stumph, Steven		Campolindo High School	57.58	56.87	AAA 17
26.91	56.87 (29.96)				
3 Kennedy, Morgan		Acalanes High School	1:00.20	58.76	AAC 16
27.45	58.76 (31.31)				
4 Ryner, Aleck		Miramonte High School	59.97	1:00.15	CON 15
27.80	1:00.15 (32.35)				
5 Henri, Pearson		Las Lomas High School	1:00.44	1:00.29	CON 14
28.24	1:00.29 (32.05)				
6 Barker, Tyler		Miramonte High School	1:00.37	1:00.58	CON 13
28.60	1:00.58 (31.98)				

## 2010 DFAL Varsity Championships - 5/13/2010 to 5/15/2010

## DFAL Varsity Championships

## Results - DFAL Finals

## A - Final ... (Event 22 Men 100 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time	Points
7 Usinger, Brett		Acalanes High School	1:00.47	1:00.79	CON 12
28.75	1:00.79 (32.04)				
8 Lundeen, Trevor		Dougherty Valley High School	1:03.10	1:03.26	CON 11
29.31	1:03.26 (33.95)				

## B - Final

9 Kisner, Jake		Acalanes High School	1:03.91	1:03.44	CON 9
29.71	1:03.44 (33.73)				
10 Lin, Lucas		Las Lomas High School	1:03.59	1:03.80	CON 7
29.87	1:03.80 (33.93)				
*11 Wilkinson, Silas		Miramonte High School	1:03.75	1:04.39	CON 5.50
30.04	1:04.39 (34.35)				
*11 Gousios, Christopher		Campolindo High School	1:05.63	1:04.39	CON 5.50
30.38	1:04.39 (34.01)				
13 Reid, Connor		Acalanes High School	1:04.46	1:04.55	4
29.90	1:04.55 (34.65)				
14 Ho, Hugo		Dougherty Valley High School	1:07.43	1:04.96	3
30.86	1:04.96 (34.10)				
15 Wilkinson, Kagan		12 Dublin High School	1:06.66	1:06.06	2
30.70	1:06.06 (35.36)				
16 McMurdie, Cody		11 Dublin High School	1:08.65	1:08.68	1
31.45	1:08.68 (37.23)				

## Event 23 Women 400 Yard Freestyle Relay

DFAL record: 3:29.44 ! 2008 Las Lomas Las Lomas  
 3:33.40 AAA  
 3:36.76 AAC  
 3:43.81 NCS  
 4:07.99 CON

Team	Relay	Prelim Time	Finals Time	Points
<b>Finals</b>				
1 Campolindo High School	A	3:41.21	3:31.16 AAA	40
1) Cleak, Rachel	2) Bicomong, Meghan	3) Sivesind, Padon	4) Ward, Andrea	
25.45	52.76 (52.76)	1:18.15 (25.39)	1:45.22 (52.46)	
2:10.63 (25.41)	2:38.76 (53.54)	3:03.92 (25.16)	3:31.16 (52.40)	
2 Miramonte High School	A	3:38.08	3:35.84 AAC	34
1) White, Meredith	2) Haufler, Jenna	3) Woodward, Brooke	4) Howard, Megan	
25.66	53.50 (53.50)	1:09.38 (15.88)	1:47.38 (53.88)	
2:13.87 (26.49)	2:42.58 (55.20)	3:08.25 (25.67)	3:35.84 (53.26)	
3 Dougherty Valley High School	A	3:42.30	3:37.74 NCS	32
1) Bergh, Marissa	2) Tang, Natalie	3) Taylor, Jackie	4) Kay, Kortney	
25.55	53.25 (53.25)	1:19.27 (26.02)	1:47.72 (54.47)	
2:14.39 (26.67)	2:43.13 (55.41)	3:09.36 (26.23)	3:37.74 (54.61)	
4 Las Lomas High School	A	3:40.61	3:37.94 NCS	30
1) Carlson, Taylor	2) Kahangi, Bitta	3) Johnson, Danielle	4) Madsen, Devin	
26.18	53.39 (53.39)	1:19.77 (26.38)	1:48.02 (54.63)	
2:15.60 (27.58)	2:45.60 (57.58)	3:10.51 (24.91)	3:37.94 (52.34)	
5 Acalanes High School	A	3:50.53	3:45.16 CON	28
1) Quinn, Molly	2) Vance, Nora	3) Newman, Lizzie	4) Giambastini, Emily	
27.17	56.05 (56.05)	1:23.26 (27.21)	1:53.41 (57.36)	
2:20.38 (26.97)	2:49.98 (56.57)	3:15.64 (25.66)	3:45.16 (55.18)	

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## DFAL Varsity Championships

## Results - DFAL Finals

## Finals ... (Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
6 Dublin High School	A	4:13.71	4:10.91	26
1) Horrillo, Kristin 9	2) Kenney, Ann 12	3) Johanssen, Kirsten 11	4) Fisher, Crystal 10	
29.62	1:03.02 (1:03.02)	1:32.84 (29.82)	2:07.01 (1:03.99)	
2:36.21 (29.20)	3:11.13 (1:04.12)	3:39.47 (28.34)	4:10.91 (59.78)	

## Event 24 Men 400 Yard Freestyle Relay

DFAL record: **3:08.40 !** 5/14/2010 **Campolindo High School** **Campolindo-S Campbell, N Zolintakis, S Kingery, R Ashby**

3:11.32 AAA

3:13.93 AAC

3:22.48 NCS

3:42.99 CON

Team	Relay	Prelim Time	Finals Time	Points
<b>Finals</b>				
1 Campolindo High School	A	3:19.06	3:08.40! AAA	40
1) Campbell, Sven	2) Zolintakis, Nick	3) Kingery, Stephen	4) Ashby, Robbie	
22.53	46.37 (46.37)	1:08.62 (22.25)	1:33.42 (47.05)	
1:55.91 (22.49)	2:21.08 (47.66)	2:43.64 (22.56)	3:08.40 (47.32)	
2 Las Lomas High School	A	3:15.14	3:10.96 AAA	34
1) Miller, Jackson	2) Lonzo, Charlie	3) Sinkevich, Mikhail	4) Harper, Greg	
22.87	47.09 (47.09)	1:10.52 (23.43)	1:35.91 (48.82)	
1:58.68 (22.77)	2:24.68 (48.77)	2:46.68 (22.00)	3:10.96 (46.28)	
3 Miramonte High School	A	3:22.28	3:13.85 AAC	32
1) May, Tennyson	2) Wisner, Charlie	3) Ryner, Aleck	4) Deaver, Nick	
23.47	47.70 (47.70)	1:11.39 (23.69)	1:36.20 (48.50)	
1:59.65 (23.45)	2:25.67 (49.47)	2:48.46 (22.79)	3:13.85 (48.18)	
4 Acalanes High School	A	3:26.58	3:21.55 NCS	30
1) Connolly, Ryan	2) Cullen, Tanner	3) Grover, Alex	4) Dietrich, Joe	
23.93	50.03 (50.03)	1:14.11 (24.08)	1:40.94 (50.91)	
2:04.61 (23.67)	2:31.76 (50.82)	2:55.68 (23.92)	3:21.55 (49.79)	
5 Dublin High School	A	3:24.89	3:21.78 NCS	28
1) Page, Caven 11	2) Young, Ben 11	3) Zamudio, Matthew 9	4) Reed, Brent 12	
24.18	51.62 (51.62)	1:15.15 (23.53)	1:42.58 (50.96)	
2:06.54 (23.96)	2:33.45 (50.87)	2:56.30 (22.85)	3:21.78 (48.33)	
6 Alhambra	A	3:27.84	3:24.68 CON	26
1) Bull, Chris	2) Wommenberg, Michael	3) Wanket, Tony	4) Gordon, Steven	
24.99	51.80 (51.80)	1:15.86 (24.06)	1:43.05 (51.25)	
2:07.55 (24.50)	2:34.44 (51.39)	2:58.45 (24.01)	3:24.68 (50.24)	
7 Dougherty Valley High Schoc	B	3:43.64	3:38.50 CON	24
1) Yan, Clayton	2) Aiello, Joey	3) Kwok, Evan	4) Zhao, Andrew	
25.94	54.73 (54.73)	1:21.11 (26.38)	1:49.62 (54.89)	
2:15.34 (25.72)	2:44.65 (55.03)	3:09.98 (25.33)	3:38.50 (53.85)	